



Irish Association for Counselling and Psychotherapy

*Irish Association for
Counselling & Psychotherapy Limited*

**ANNUAL GENERAL MEETING
Saturday 31st March 2012**

**Annual Reports and Financial Statements
(for the year ended 31st December 2011)**



Irish Association for Counselling and Psychotherapy



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ANNUAL GENERAL MEETING

Saturday 31st March 2012
Croke Park Conference Centre, Jones's Road, Dublin 3

AGENDA

9.00am – 10.00am	Registration Tea / Coffee
10.00am – 10.15am	Official Opening by Lord Mayor of Dublin, Andrew Montague Cathaoirleach's Welcome Apologies 2011 AGM Minutes & Matters Arising
10.15am – 10.40am	Cathaoirleach's Report Secretary's Report Treasurer's Report National Director's Report
10.40am – 11.00am	Questions & Answers on Reports
11.00am – 11.15am	Election of Executive Committee / Board Members
11.15am – 11.35am	Tea/Coffee Break
11.35am – 12.45pm	Motions
12.45pm – 2.00pm	Lunch
2.00pm – 3.00pm	Guest Speaker: Fr. Peter McVerry SJ
3.00pm – 3.20pm	IACP Carl Berkeley Memorial Award
3.20pm – 3.30pm	AOB
3:30pm	Close



IACP ANNUAL GENERAL MEETING 2012

Highlights of the day include:

- ◆ **Official Opening: Dublin Lord Mayor, Andrew Montague**
- ◆ **Guest Speaker: Fr. Peter McVerry SJ**
- ◆ **The Carl Berkeley Memorial Award Presentation**

IACP AGM Voting

Please familiarise yourself with all proposed Motions. Motions and Nominations for the Executive Committee will not be accepted off the floor on the day of the AGM. The deadline for written proposals for Motions and Nominations for the Executive Committee was 11th February 2012.

Voting on the Day:

Voting shall be restricted to members, who have been deemed to be accredited by the Company and who have paid the annual membership subscriptions laid down from time to time by the Executive Committee*.

Proxy Voting:

Proxy voting may only be used for voting for the election of officers and not for voting on motions.

**As only paid up Accredited Members can vote, we would remind you that your annual subscription (if you haven't paid already), must be paid before the AGM. There will be a facility for renewing your subscription at registration on the day.*

MOTIONS FOR IACP AGM 2012

MOTION 1:

Motion re: Annual Re-Accreditation

This AGM authorizes the National Executive to explore the feasibility of changing our re-accreditation process from five-year to annual, to coincide with membership renewal (similar to the BACP). Should the National Executive deem annual re-accreditation to be beneficial to its membership and the organisation as a whole, this AGM also authorizes the National Executive to implement annual accreditation from January 2013.

RATIONALE

This motion, if passed would allow for annual re-accreditation to coincide with the annual renewal of membership. The aim is to simplify the re-accreditation process and in particular to eliminate the stress, which members often seem to feel when their five years of accreditation is drawing to an end. The main element of the re-accreditation process, as envisaged, would be a simple form signed by the member's supervisor. The rationale for changing the re-accreditation process from five years to annual would be:

- ◆ A simpler, more transparent, and stress-free process for members (while still maintaining the same level of standards)



- ◆ A more cost-effective and efficient process for both members and the organisation
- ◆ Better protection for the public (if there is a concern about a particular member this would be flagged within a year rather than waiting five years).

This motion authorises the exploration of annual re-accreditation, and gives the National Executive powers to implement the change. If the National Executive discovers difficulties with the idea, the matter will be brought back to next year's AGM. In this next year of exploration, members are also welcome to submit their suggestions on annual re-accreditation.

Proposed by: **Padraig O' Morain**

Seconded by: **Marianne Gurnee**

MOTION 2:

Proposed amendment to IACP Articles of Association. Section – Notices 61.

Current wording:

NOTICES 61: A notice may be given by the Company to any Member either personally or by sending it by post to him/her to his/her registered address. Where a notice is sent by post, service of the notice shall be deemed to be effected by properly addressing, prepaying and posting a letter containing the notice, and to have been effected in the case of a notice of a meeting at the expiration of three days after the letter containing the same is posted and in any other case at the time at which the letter would be delivered in the ordinary course of post.

Proposed wording:

NOTICES 61: A notice may be given by the Company to any Member either personally or by **electronic communication** or by sending it by post to him/her to his/her registered address.

Where a notice is sent by **electronic communication** or by post, the service of the notice shall be deemed to be effected by properly addressing, prepaying and posting a letter containing the notice, and to have been effected in the case of a notice of a meeting at the expiration of three days after the letter containing the same is posted **or sent via electronic communication**, and in any other case at the time at which the letter would be delivered in the ordinary course of post **or electronic communication**.

RATIONALE

The IACP wish to modernise its administration processes. By allowing notices, information etc. to be sent electronically, it will significantly increase effective and efficient communication with the membership and considerably reduce financial costs. It will also positively impact staff time and resources.

Proposed by: **Ray Henry, Cathaoirleach**

Seconded by: **Seamus Sheedy, Leas Cathaoirleach**

MOTION 3:

The Executive proposes that outgoing Cathaoirleach will be invited to remain on the National Executive in a non-voting capacity for a term of two years after serving his or her term of office.

RATIONALE

The executive believes that the experience and wisdom of an outgoing Cathaoirleach is lost to the incoming executive and that the outgoing Cathaoirleach remaining will help to ensure that the corporate memory of the organisation will not be lost.

Proposed by: **Bernie Hackett**

Seconded by: **Seamus Sheedy**



MOTION 4:

The West / NorthWest Committee proposes that, under the IACP Strategic Plan 2010–2013, specifically Goal Area ‘Governance’, the implementers charged with responsibility to ‘ensure optimal governance structure’ be required to align all written expressions of Governance in order to give consistency and clarity to the documentation regulating the IACP.

RATIONALE

The foundation of any organisation is its regulations. The more complex and layered the regulations become, the more open they may be to varied interpretations, potentially creating a destabilising effect.

For example, to ascertain a correct ruling regarding the working of a regional committee the following documents now have to be referenced: Articles of Association, Subcommittees 50-54: General Regulations for Subcommittees (21 rules): Regulations for Regional Committees (21 rules): Byelaws 26-34 (also referred to as 4.1. to 4.9 under Regional Subcommittee Regulation). All these are to be viewed within the context of the Memorandum of Association and the Code of Ethics. Additionally there is a new layer, the terms of reference, which differ for each individual committee.

One discrepancy is that in some rulings subcommittee members have to be accredited in others they may be accredited or working towards accreditation, a small point but an unnecessary complication.

Proposed by: **Susan Graham**

Seconded by: **Mairead Fagan**

MOTION 5:

“Where within the Supervising Members of IACP and IAHIP (with whom there is currently a reciprocal arrangement) there is a difficulty accessing or an absence of specific professional expertise that may be required by an accredited member, supervision from a supervising member of an equivalent body within ICP (Irish Council for Psychotherapy) will be recognised. (For the purposes of this motion, an equivalent body is deemed to be a professional representative body for Psychotherapy, whose members meet exacting professional standards, adhere to a strict code of ethics and where there are specific relevant criteria in place for supervising members)”.

RATIONALE

ICP is an umbrella body for a group of organisations who uphold professional standards in Psychotherapy in Ireland. The Passing of this motion would give IACP members recognition for supervision work completed with supervising members from appropriate bodies within the ICP group. ICP is a member of the EAP (European Association for Psychotherapy) which in turn exacts high standards in ethics and practice from its member bodies. The passing of this motion would also facilitate and support members who are seeking to advance their professional expertise into specialist areas without the need for duplication of supervision to meet current requirements of IACP. For further information regarding the ICP please see www.psychotherapy-ireland.com also www.europsyche.org.

Proposed by **Maeve Dooley**

Seconded by **Ruth Steenvoorden**

**MOTION 6:**

“Where, within the Supervising members of IACP and IAHIP (with whom there is currently a reciprocal arrangement) there is a difficulty accessing or an absence of specific professional expertise that may be required by an accredited member, supervision from an equivalent body within the UKCP (United Kingdom Council for Psychotherapy) will be recognised”. (For the purposes of this motion, an equivalent body is deemed to be a professional representative body for Psychotherapy, whose members meet exacting professional standards, adhere to a strict code of ethics and where there are specific relevant criteria in place for supervising members).”

RATIONALE

UKCP is an umbrella body for a group of organisations who uphold professional standards in Psychotherapy in the United Kingdom of Great Britain and Northern Ireland. The passing of this motion would give IACP members recognition for supervision work completed with supervising members from appropriate bodies within the UKCP group. UKCP is a member of the EAP (European Association for Psychotherapy) which again exacts high standards in ethics and practice for its member bodies. The passing of this motion would also facilitate and support members who are seeking to advance their professional expertise into specialist areas without the need for duplication of supervision to meet current requirements of IACP. For further information on UKCP please see www.psychotherapy.org.uk and also www.europsyche.org.

Proposed by **Maeve Dooley**

Seconded by **Ruth Steenvoorden**

**MOTION 7:**

“That the IACP explores the possibility of establishing a charter/code of professional service outlining how issues of concern, difficulty or complaint raised within IACP are addressed and responded to”.

RATIONALE

This charter/code would possibly be designed around the provision of details to members regarding procedures, expectations, accountability and response time involved in relation to any matters raised. It would be intended to give members clear and effective access to registering such matters and perhaps encourage greater pro-active involvement from members in shaping the Association and maximising its relevance to their professional requirements.

Proposed by **Maeve Dooley**

Seconded by **Ruth Steenvoorden**

MOTION 8:

“That a clearly defined and detailed account regarding fees paid specifically for Supervision membership be given within the annual accounts presented to the AGM”.

RATIONALE

This would allow members to make a clear decision on the requirement for and the appropriateness, level and fairness of such fees.

Proposed by **Maeve Dooley**

Seconded by **Ruth Steenvoorden**





NOMINATIONS FOR THE EXECUTIVE COMMITTEE 2012

CATHAOIRLEACH — SEAMUS SHEEDY

Seamus Sheedy joined IACP as a student of the Diploma in Counselling in Trinity College in 1999. He was accredited as counsellor/psychotherapist in October 2003. Seamus served as a member of the Midlands Regional Committee of IACP from 2005 to 2007 as Treasurer. He joined the Executive Committee in 2009 and was a member of the Strategic Planning Committee in 2009. After finishing an advanced diploma in Supervision from Middlesex University Seamus was accredited as a supervisor with IACP.

Proposed by **Ray Henry**

Seconded by **Marianne K. Gurnee**

LEAS CATHAOIRLEACH — BERNIE DARCY

Bernie Darcy works in private practice as a Counsellor and Psychotherapist in Gorey, Co. Wexford and has been a member of the South East Regional Committee of IACP since 2002. She holds a Diploma in Counselling & Psychotherapy and specialises in working with people who live with chronic illness.

Proposed by **Bernie Hackett**

Seconded by **Marie Tonkin**

COMPANY SECRETARY — KEITH BRENNAN

Keith Brennan B.Sc. (Psych), Grad. Dip (Psychoanalysis), M.A. (Add. St.), M.S.C. (Couns Psych.), B.A. (Law), M.I.A.A.C., MIACP P.S.I. Keith is a graduate of Trinity College Dublin and Magee College (University of Ulster). He has extensive experience of working with adults and adolescents in active addiction. Keith's research interests include Borderline Personality Disorder, Stress and Depression. Since 2008, Keith has been an active member of the Ethics Committee where he utilises his legal knowledge in addressing presenting issues.

Proposed by **Michael Chambers**

Seconded by **Ray Henry**

TREASURER — MICHAEL CHAMBERS

Michael Chambers has been involved in Counselling and a Member of IACP since 1993. He is an Accredited Member and Accredited Supervisor with IACP & an Accredited Member and Accredited Supervisor with IAAAC. Michael is a Practicing Mediator and Member of Irish Mediators Institute since 1996. He holds a Diploma in Counselling from Trinity College Dublin, Diploma in Mediation, University College Dublin & a Diploma in Education & Training University College Galway.

Proposed by **Eileen Finnegan**

Seconded by **Bernie Hackett**

Eileen Finnegan

Proposed by: Pdraig O' Morain

Seconded by: Seamus Sheedy

Eileen Finnegan is currently the Deputy Clinical Director in One in Four. Eileen has been working as a Psychotherapist for the past twenty years; her involvement in therapy began through ACOA (adult children of alcoholics). She began her studies in Maynooth, and then completed her Diploma in Psychotherapy in the Tivoli Institute in Dún Laoghaire. Eileen continued her professional training with Diplomas in Gestalt Therapy, Child and Adolescence Therapy, Sensory Motor and Trauma Therapy.

Attracta Gill

Proposed by: Seamus Sheedy

Seconded by: Ray Henry

Attracta has been in private practice as a Psychotherapist in Naas since 2004. She initially trained in Psychodynamic Counselling & Psychotherapy and followed this with a MA in Humanistic and Integrative Psychotherapy from the University of Limerick specializing in Gestalt and Existential Psychotherapy. She has just finished 4 years training with Mr David Boadella the founder of Biosynthesis Body Psychotherapy in



Switzerland. Attracta is an experienced 3rd Level Psychotherapy Educator and is committed to maintaining high standards in this field. She joined the Accreditation Committee of IACP in November 2011 and will become a Doctoral Student in Psychotherapy (DCU) in the Autumn of 2012 researching Somatic Trauma Therapy.

Marianne K. Gurnee

Proposed by: Pauline Irving

Seconded by: Keith Brennan

Marianne moved to Ireland from the U.S. six years ago and spent her first four years working in Cork. She earned an MSc in Clinical Social Work/Psychotherapy from Columbia University, New York and is licensed to practice in the U.S. where Marianne primarily worked for mental health organizations on multi-disciplinary teams. Marianne's particular interest lies in working with adolescents and families, and she has developed prevention and treatment programmes for at risk youth. Marianne has served on the IACP Executive Committee for the last two years and is also the IACP representative for the European Association for Counselling. She is an active member of the Southern Regional Committee and is part of the working group on statutory regulation. Marianne is BACP accredited and is also a qualified social worker (NQSW). Marianne now works privately in Co. Waterford.

Bernie Hackett

Proposed by: Ray Henry

Seconded by: Pauline Irving

Bernie Hackett obtained IACP Accreditation in 1991 and Supervisor Accreditation in 1997. She has been is a member of the current Executive Committee since 2007, having also served a previous term. Bernie has also served on the South East Region Committee for four years, including a term of two years as Chairperson. She also serves on the Supervision Course Recognition Committee and the Standards Committee.

Angela Corcoran Mahon

Proposed by: Seamus Sheedy

Seconded by: Ray Henry

Angela Corcoran Mahon is a graduate of Middlesex University, (B.Sc. in Counselling & Psychotherapy, 2004), she has a Certificate in Child Psychotherapy (Children's Therapy Centre) as well as being a qualified Supervisor, working with both groups and individuals. Angela has extensive experience working with the Department of Children and Youth Affairs' School Completion Programme in both primary and secondary schools since 2003. She also works with adults in her private practice and is an Affiliate Counsellor with a number of Employee Assistance Programmes.

Pdraig O'Morain

Proposed by: Bernie Darcy

Seconded by: Marianne Gurnee

Pdraig O'Morain works as a counsellor and supervisor. He has lectured on mindfulness, Choice Theory and other topics at the Institute for Integrative Counselling and Psychotherapy. He has been on the IACP executive since last Autumn. His weekly column on men's issues appears in The Irish Times and he also writes for the Evening Herald and the Irish Medical News. His latest book, Light Mind, Mindfulness for Daily Living is published by Veritas. He has a blog for counsellors and other mental health workers at www.lightmindblog.blogspot.com and he lives in Dublin with his wife and two children.

Eoin Stephens

Proposed by: Alan O'Dwyer

Seconded by: Geraldine Byrne

With over 20 years' experience in the field as a therapist, teacher and supervisor, Eoin is President of PCI College, and a director of CBT Solutions therapy practice in Clondalkin. He has particular interest in issues such as Sexual Addiction and Social Anxiety, and is well known for his therapy, training and media work in these areas. He has previously served on the Executive Committee, including a term as Leas-Cathaoirleach, and has also worked on the Course Recognition and Editorial sub-committees. He is especially interested in the area of Statutory Regulation and the ongoing professionalisation of our field, including the raising of its academic standards. He was the 2010 recipient of the Carl Berkeley Memorial Award.





Cathaoirleach's Report AGM 2012

IACP AGM 2012 INFORMATION

Dear Members,

At this year's AGM I step down as Cathaoirleach of the Irish Association for Counselling and Psychotherapy after my election to the position at the AGM in 2010.

The position of Cathaoirleach is the highest office within the organisation and as such has been an honour and a privilege for me to hold.

The past two years have been remarkable; experiencing the collaborative work of the people within the organisation evoked enthusiasm and energy for me and for the entire association. This enthusiasm and energy has most definitely born fruit and as a consequence the organisation has grown from strength to strength, both at national and international level. Witnessing the developments that have taken place within IACP over the past six years has been an inspiration for me.

It is six years since I first sat at the executive table of the IACP. I was impressed then by the level of commitment given by the executive committee and by all of the sub-committees. I am still impressed. I was always conscious of the hard work undertaken by former Cathaoirleach. Once I took up this position I was overwhelmed. I began to realise the time, effort and responsibility required. I would like to take this opportunity on behalf of the IACP to acknowledge and thank former Cathaoirleach for their enormous contribution to the organisation.

It was that overwhelming feeling that forced me to examine and monitor the commitment required to fulfil the role and functions of the Cathaoirleach. Three thousand five hundred emails later, on-going paper and telephonic correspondence, countless number of annual leave days, taken to attend various committee meetings, events and conferences, I realised that my family were also making an enormous sacrifice, a big thank you to them.

As I have stated so often in the past the success of the organisation has been made possible by the hard work and commitment of the members who are willing to give voluntarily of their time, of the ever diligent employees and the dedication of the Cathaoirleach who went before me. Perhaps it is time to examine this role and the work load associated with it. For the work load of this position will continue to increase as the organisation grows.

It is important that the position of Cathaoirleach does not become elitist and that it can continue to be held by a grass roots member of the organisation. This can only be made possible if the demands are reasonable and can be met in conjunction with fulltime employment. I sincerely hope that the massive growth of the organisation continues and that the very strong links between all areas of the organisation remain steadfast. Some special arrangement needs to be devised on this issue and presented to an AGM as a motion to be voted on.

Due to the growth of the organisation it has become necessary for the organisation to employ professionals, to attend to the ever increasing administrative workload, ensuring the smooth running of the association. IACP have been extremely fortunate in the quality, commitment and dedication of its professional employees. On behalf of the organisation I would like to extend a vote of thanks to all of the employees and a special thank you to Naoise for your huge support. I assure you that the expansion of the association into the future will necessitate the employment of more professionals with relevant qualifications. The IACP is at the point of realising that the workload and qualifications of our members is often insufficient to meet the many new demands of the organisation. The organisation has become much more outward looking and needs to continue to do so.



It is of the utmost importance that the IACP remain an organisation governed by its members. The only way to ensure this is for the members to become involved in the decision making process. I implore all members to partake in their Regional Branches or to volunteer their services on committees at every level.

The IACP belongs to you, the members. The responsibility of ensuring that all work associated with the various committees and the executive body is shared, belongs to you the members. It is you the members that have so much to gain from the success of the organisation and you the members that will lose so much if there is any decline in the organisation. The IACP as a company with charitable status was built and grew on the strength of the members. I would like to thank every one of you who became involved in their Regional Branch over the past years. It is within the Regional Branches that one of the real strengths of the IACP lies.

I would like to thank all of those who enriched for me the experience of holding this position. I'd like to thank IACP for entrusting me with this responsibility, for it has been a wonderful two years. To Seamus Sheedy our incoming Cathaoirleach my very best wishes. I hope it goes well for you and for the IACP. I know that you will receive the support of the staff at head office, of the various sub-committees, of the executive committee and of the members. It is this support that makes the job of Cathaoirleach possible and enjoyable.

Ray Henry, Cathaoirleach

Treasurer's Report

Dear Members,

As reflected in the 2011 Financial Statements, prepared by our auditors Byrne Curtain Kelly (BCK), IACP's financial year ended with a surplus in 2011. The figures show an increase in expenditure which predominantly related to the planned Public Relations activity used to raise the Associations profile. On the income side, there has been an overall increase in membership subscriptions and only a slight decrease in levels of advertising revenue (through *Éisteach*).

The improvements made in the management of the finances in 2009 & 2010 were continued into 2011 and include:

- ◆ Monthly meetings of the IACP Finance committee
- ◆ Detailed reporting on Expenditure and Income
- ◆ Additional savings through cost reduction projects at Head office and the systematic re-negotiation of fees paid for all services to IACP.
- ◆ The appointment of a full-time accountant.

Technological advances at IACP have helped make the fiscal management more effective. Developments such as the introduction of online payments in 2011 have also helped improve services to members. The current accumulated reserve of the Association is welcome given our strategic aims and the fact that in 2012, we hope to purchase a property, the single largest financial undertaking for the IACP to date.

The Finance committee welcomes the steps that the Executive committee have taken to mitigate the impact of the recession on individual members during 2012. Finally, I would like to thank the Finance committee for their assistance and effort during the year.

Pauline Irving, IACP Treasurer



REGIONAL REPORTS

MIDLANDS REGIONAL REPORT:

Committee:

Our committee were delighted to have the opportunity of organising the social night for last year's AGM at the Radisson Hotel, Athlone. We received positive feedback on the night and look forward to more of these evenings in the future. At our own Regional AGM we had many members from the Midland area who attended and a couple of new members joined our existing committee. Each person who attended our AGM received a certificate for Continuous Professional Development. Within our committee we have taken on new roles, welcomed back members who have returned and invited new members to become a part of this experience. We are developing new working relationships within the committee and are becoming more involved with the National Executive through attending meetings as invited. This enables us to create clearer visions for the future and having these connections helps us to feel a part of IACP on a National level.

Workshops:

During the year we have had some successful workshops such as 'Dreams in Counselling and Psychotherapy' with Paul Bradley and Couple Counselling with Eithne Kelliher. Our next workshop is with Dr. Andrew Harkin on 'Sensorimotor Psychotherapy'. These workshops have been reviewed by one of the committee members and have been published in Eisteach. At present a couple of the members are collating results of a questionnaire in order to plan workshops of members' choice throughout 2012. Results of the questionnaire will be completed by our AGM attendees so as to get a broader picture of the membership's interest re subject and length of workshops/longer courses.

Public Relations:

A couple of our committee members are attending Carr Communications training this year in order to raise the profile of IACP through working with the media. We have sent on a list of upcoming events in the surrounding areas that may be of benefit for IACP to become involved in. We envisage the usage of our own mail merge as an opportunity to advertise upcoming workshops and events for more members to become involved in.

I would like to take this opportunity to thank the committee for their hard work during the year. Also to our Cathaoirleach Ray Henry who founded this branch and has offered us his ongoing support ever since. We look forward to the AGM and meeting other and new regional members during 2012.

Emer Kilmartin, Chairperson



NORTHERN IRELAND REGIONAL COMMITTEE REPORT:

Beannacht De libh,

Thanks to all members of the Committee for the time and work invested and also for supporting and accepting me in my role as chair.

In the past year we reiterated our statement of purpose, which is to:

- ◆ Promote the interests of IACP members in N. Ireland including student members
- ◆ Represent the interests of our members to the Executive in Dublin
- ◆ Promote workshops relevant to counselling in N. Ireland
- ◆ Facilitate the Accreditation Process for N. Ireland members
- ◆ Be involved at all levels of IACP.

We champion the work that IACP are doing in all areas of service, especially that relating to the promotion of standards for the profession of counselling/psychotherapy, the mental health and wellbeing of the community and the clients we serve.

The NI Regional Committee organised and hosted two workshops in the last year.

- 1 Robin Shoehet: Love and Fear in Supervision
- 2 Dr Saleem Turneen (consultant psychiatrist): The role of the psychiatrist and the promotion of a joint approach to working with depression and PTSD.

Marina Sweeney (esteemed vice-chair of our committee) will facilitate a workshop on Solution-focused-brief therapy for February 2012.

Moreover, our committee members continue to take an active role in the executive and in a variety of sub-committees. Dr Pauline Irving acts as Treasurer on the Executive. Brenda Tighe is a committed member of the supervisors' sub-committee and Dr Pauline Irving and Ann Long take an active part in the Continuing Professional Development sub-committee.

The NI committee proposed a motion for AGM last year, which was passed relating to discount for Senior Citizens. We would urge that members and the Executive revisit this issue and help to keep it alive for the benefit of future senior members.

Finally the NI committee remains committed to promoting the profession of counselling/psychotherapy and reaching out to non-members. It is our aim to uphold the statement of purpose and to promote, uphold and advance 'best possible' practice.

Dr Ann Long

SOUTH EAST REGIONAL COMMITTEE REPORT:

At the 2011 A.G.M. of the South East Regional Committee, members Sally Griffiths, Claire Lalor, Michele O'Neill, Rita Lett and Joan Treacy chose not to go forward for another year, because, between all five they had given over 40 years voluntary service to the committee. This was a magnificent contribution to the association and members in the region. The ethos of inclusivity and integrity which motivates regional committee members was integral to Sally, Claire, Michele, Rita and Joan's presence on the South East Regional Committee, often including warm humour and friendly support, and they are dearly missed.

Now the committee has 4 new members, enthusiastically bringing new energy and ideas to the committee. The committee is in need of more volunteers and we appeal to all of our Accredited and Pre-accredited peers in the region to give serious thought to volunteering to join us.





Committee 2011/12:

Chairperson: Bernie Darcy. **Committee members:** Amanda Sheil, Claire Bel-Maguire, John O'Brien, Linda O'Reilly, Tony Freegrove.

Workshops provided over the past year:

Exploring Gay and Lesbian Sexuality. This workshop, presented by Stephen Vaughan in New Ross, Co. Wexford, on 21st May, was aimed at helping participants to identify the issues that they have experienced as difficult in working as therapists (and in their own life) around sexuality, especially GLB sexuality, things that they had found confusing, embarrassing, prejudiced, shameful etc.

Solution Focused Brief Therapy was presented by Dr. Melissa Darmody on 28th May 2011 in Cahir Co. Tipperary. Dr. Darmody presented the solution focused, strengths based model as the optimum choice for practitioners looking for a respectful, practical and effective approach to their work.

Working with Issues of Child Sexual Abuse – A Dublin Rape Crisis Centre Workshop. This workshop was held on 8th October and explored the impact of Internalisation of beliefs and myths on people who have experienced child sexual abuse; the Effects of sexual abuse; Guidelines for facilitating a disclosure of sexual abuse; Working safely and preventing re-traumatisation; Vicarious traumatisations, the Impact of working with trauma and self-care strategies.

The DRCC will be presenting this workshop again on 11th February and 24th May next and follow-up workshops are planned for 25th May and 14th April, and early booking is recommended because places are limited to a maximum of 16.

Other workshops planned for 2012 include Solution Focused Brief Therapy Level 2, with Dr. Melissa Darmody on 10th March in Carlow town, Dreams in Counselling and Psychotherapy, with Paul Bradley on 12th May in Kilkenny, Working with GLB Sexuality, with Stephen Vaughan on 15th September in New Ross and a workshop on Social Media with Eoin Stephens, date and venue to be confirmed.

The practice of **Inter-vision** has been a valuable resource to members in the region, with 4 groups active, that the committee knows of. A goal of the current committee is that Inter-vision will be accepted and understood as a valid activity for members, and to this end the committee is currently working on ways to achieve this. The committee is planning to hold a forum on Inter-vision during 2012 or in 2013 which will be the 10th anniversary of it's inauguration in the region. The committee is planning to hold the forum in county Carlow, which fulfils the committee's commitment to hosting activities in numerous locations throughout the region.

Another project planned for 2012 is the production of an up-dated Directory of Accredited members to be distributed to General Medical Practitioners in the region. All Accredited Members in the region will be contacted in due course to ascertain whether they wish their contact details etc. to be included in the new Directory.

In accordance with the I.A.C.P. Strategic Plan 2010 to 2013 the South East Regional Committee will be conducting a survey of all members in the region and the committee appeals to all of our colleagues to participate in order to furnish I.A.C.P., our organisation, with information pertinent to the future welfare and development of all of our members and indeed, the welfare of our clients.

With this in mind, there is a lot of challenging work and we invite others to join us as committee members, Accredited and Pre-accredited members alike.



WEST/NORTHWEST REGIONAL COMMITTEE REPORT:

Committee:

Chairperson: Geraldine Gilroy. **Vice Chairperson:** Celia Brennan. **Secretary:** Nollag Cullinan. **Treasurer:** Padraic O'Doherty. **Committee members:** Marie Egan, Mairead Fagan, Susan Graham, Michelle Maguire.

The West/NorthWest Region alternated their meetings between The Family Life Centres in Boyle and Sligo.

The committee organised Barry Foley to present a Family Systems workshop in St Michael's Family Life Centre, Sligo on the 5th of March 2011. This workshop was filled to capacity and the response was very positive from those who attended.

The committee extended an invitation to all regional members to attend their May 2011 meeting in Sligo. The aim was to establish a social network among members and to evoke interest in becoming involved with IACP at regional level. The idea proved successful and many of those who attended volunteered to join the regional committee at the AGM in October 2011.

Shane Kelly, Professional Services Manager attended the West/ Northwest AGM in Boyle on October 8th, 2011. He encouraged members to use the Members Forum on the IACP website and to strengthen connections both within IACP and with the wider community.

At the AGM a new committee was elected with two of the former committee remaining on to assist the newly elected members.

The present committee, with the assistance of Shane Kelly, have set up an email account westnorthwestregion@iacp.ie. Our aim is to improve communication between the membership of the region with regard to CPD training needs.

In response to the feedback received, the committee have organised a workshop: "A Holistic Approach to Addiction; Understanding the Medical, Psychological and Spiritual Dimensions with particular reference to Internet Addiction" to be presented by Maura Russell on February 25th 2012 in St. Michael's Family Life Centre, Sligo.

We plan to continue to communicate with regional members via email and to be actively involved in promoting counselling and psychotherapy in our area.

Geraldine Gilroy, Chairperson

SOUTHERN REGIONAL COMMITTEE REPORT:

The committee in the Southern Region have been working hard and met monthly over the year, except for August.

In May 2011 we hosted a two day workshop, which was full to capacity. The title of the workshop was "An Invitation to Mindfulness" and was facilitated by Mary O'Callaghan. It was very well received and the feedback was excellent. It offered attendees an opportunity to discover, practice and learn about mindfulness.

The committee also took part in local mental health days and the main Adult Education Exhibition in City Hall, Cork. This was to inform and educate both the public and many other organisations regarding the IACP. These were very interesting days and very worthwhile in raising the profile of the organisation.



In September the Southern Region invited Dr Andrew Harkin to facilitate a workshop on “An Introduction to Sensorimotor Psychotherapy”. Again this was very well attended and the feedback excellent.

At the Regional AGM in November there was a good turnout. Prior to the AGM the first “Revised Childrens First Briefing” for IACP was held in the afternoon. This was fully subscribed to and clearly shows that members are fully committed to keeping themselves informed of new guidelines. National Cathaoirleach Ray Henry attended our AGM, and addressed the members. It was great to have him present and gave people a chance to talk one to one afterwards with him too. This was also a good day where refreshments were provided and again provided an opportunity to meet and chat socially.

Eliz Egan and I also attended the Public Information Day in The Mansion House. This was a great day, full of speakers and information stands with lots to take away. However, as Cork (the real capital!!) will be hosting the 2012 National Public Information Day, Eliz and I were checking things out to see what we might learn and put toward a great Public Information Day in Cork. So put it in the diary folks. May 26th 2012, in City Hall. We will also need extra volunteers for that day, and this will be co-ordinated through Head Office nearer the time. So check your emails.

In December IACP provided a free seminar on legal issues in relation to counsellors/ psychotherapists in the Radisson Hotel and again we had a great response.

Overall, it has been a good year. Marianne Gurnee from the region is also on the Executive Committee, which is a real bonus. Unfortunately we said goodbye to a few members of the committee who have moved on to other things or taken time out, and we wish them well.

As Regional Chairperson, I would like to thank all the people who have been on the committees with me over the years, I have thoroughly enjoyed working with you all. And to our new committee for 2011 through to 2012, Eliz Egan, Helen O`Malley, Tom Meade, Alice Stoa, Jimmy Browne. Marianne Gurnee, Eileen McCarthy.

A special mention too, to all the members who have supported us along the way. “Go Raibh Mile Maith Agaibh.”

Geraldine Burke, Southern Regional Chairperson.

NORTH EAST REGIONAL COMMITTEE REPORT:

The North East Regional Committee geographically caters for the counties of Louth, Meath, Cavan, Leitrim and Monaghan and is made up of members representative of these five counties.

The main focus of the committee is to promote counselling and psychotherapy alongside raising the profile of the IACP as an accreditation body for counsellors in the North East.

Our committee, which now consists of 14 members, meet on a monthly basis to discuss issues around counselling, psychotherapy, policy questions, book-reviews etc. and we also have agreed to spend approximately four sessions throughout the year engaging in self-care which we believe to be essential in our difficult work-role. Issues regarding the economic climate are coming into our practices on a daily basis and we as counsellors and psychotherapists experience these two fold – from our clients and from our own life situations.

One such self-care meeting consisted of an earthy mindfulness session provided by one of our colleagues, Aine Duffy, and we then went on to enjoy an easy and relaxed lunch in the nearby Strandfield House in Dundalk.



We held our AGM on Saturday 1st October, 2011 in the Ardboyne Hotel, Navan, Co Meath. This meeting was well attended and we were fortunate to attract interested parties who were willing to join our committee.

On that day we also had the good fortune of having Bodywhys Ireland give us a presentation on eating disorders. Bodywhys is the national voluntary organization dedicated to supporting the 200,000 people in Ireland affected by eating disorders.

Our next meeting will be held on Saturday 21st January, 2012 when Shane Kelly, Professional Services Manager of IACP Head Office will attend. We look forward to any and all help Shane will be able to give us in our committee work for this year.

Committee:

Chairperson: Eileen Mulcahy. **Secretary:** Kathleen Scullion. **Treasurer:** Jo Devlin.

Committee members: Miriam Divilly, Kathleen Scullion, Aine Duffy, Sean McKiernan, Paul Plummer, Nuala McGovern, Rosemary Finnegan, Geraldine Galligan, Carmel Carey, Martha Morrison, Carole Wardlaw.

Eileen Mulcahy, Chairperson

SUB-COMMITTEE REPORTS

Editorial Subcommittee/Board Report

Chairperson: Barbara Dowds

2011 has seen the production of the usual quarterly issues of *Éisteach*. These have been balanced between themed issues comprising specially commissioned articles and issues based on unsolicited submissions from the readership, which we want to encourage and support. This year, Ger Byrne edited a creative writing edition of the magazine for the first time. Ger was overwhelmed with submissions, particularly of poetry, and the success of this venture has led to plans for regular issues devoted to short story and poetry writing sent in by the readership. A second initiative begun in 2010 came to fruition in 2011. This was also an attempt to involve IACP members more in the content of the journal. Again, it involved thinking ahead and printing two dilemmas in the autumn 2010 issue, inviting readers to send in a reply to the second one. Nobody responded, but we persisted and for the first time, in spring 2011, we received and printed a reader's reply to the dilemma. Since then, we have received readers' replies to all the dilemmas, peaking with six responses in the winter 2011 edition. The other way in which we would like to involve the readership more and generate vibrant debate within the IACP is to reinvigorate the dialogue page. This has never been removed, but the last time we received a letter was autumn 2009 and before that winter 2007. However, we did receive several letters at the end of 2011, which have been printed in the spring 2012 edition. We plan to encourage further letters to the editor – if necessary by writing in to the journal ourselves.

The editorial board lost two members this year, Gloria Kirwan and our previous chairperson Frances Heery, whom we would like to thank for everything they have contributed to the journal. We are actively seeking new volunteers to replace them on the *Éisteach* subcommittee.

Barbara Dowds

(on behalf of the *Éisteach* Editorial Board).



Course Recognition Committee (CRC) Report

Chairperson: Eddie Egan

Currently the CRC comprises of seven members, Clare Burke, Therese Cleary, Eilis Duggan, Eddie Egan, Katrina Flanagan, Lena Lenehan, Karen Walsh.

Since the last AGM, eight courses will have been assessed and recommendations made to the Executive. We have had monthly meetings, except July and August, for a full day. This is in addition to the work of assessing each course that requires the team to individually review course material, have a pre-assessment team meeting, all day or weekend assessment visit and post-assessment meeting. The assessment concludes with report preparation, completion and presentation to CRC. Members of CRC also sit in on other committees, e.g. the Standards Committee. The CRC have also developed new criteria for courses seeking recognition, which is currently awaiting ratification by the Executive.

Supervision Committee Report

Chairperson: Christine May.

Committee Members: Noreen Sweeney, Jean Prior, Brenda Tighe, Katrina Flanagan, Maggie Cox, Ursula Brennan.

The Supervision Committee's primary role is to monitor and maintain the standard of supervision practice within IACP. The committee is responsible for processing supervisor accreditations and re-accreditations and dealing with all queries relating to supervision.

As the practice of supervision continues to develop, the importance of continuous professional development specifically related to supervision needs to be emphasised. The formation of the Supervisors' Forum Committee is testament to the importance IACP places on maintaining high standards of supervision. As each supervisor comes to re-accreditation he or she must be able to provide evidence of having maintained their professional development as a supervisor. The Supervisors' Forum meetings are a valuable source of support and learning.

The Supervision Committee has a representative on the Supervisors' Forum Organising Committee, continuing the Committee's close and important link with the Supervisors' Forum. The Supervision Committee also has a member on the Working Group for the research and development of a recognition process for Supervision courses and other specialised courses.

The Supervision Committee had nine meetings through 2011 and would like to thank Paddy Browne for his valued work and support. He retired from the Supervision Committee during the year.

Complaints Committee Report

Chairperson: Derek Hanrahan, **Extern:** Joe Cahill.

Committee Members: Claire Missen, Breda Butler, Colin Fallon, Margaret Watchorn, Bernie Darcy, Maggie Cox.

The committee investigates complaints made against IACP Accredited Members and IACP Recognised Training Courses. Some complaints are more complex than others and may make slower progress through the complaints process, hence the carry over of cases.



Complaints come mainly from clients. An increasing number come from colleagues, family members, the public and other third parties. Provision in the Complaints Procedures to facilitate this is under consideration. All correspondence received is responded to and though the complaint may not get to the investigation phase ancillary issues may arise requiring careful consideration i.e. referral, Child First, legal etc.

Common areas of complaint involve boundaries, confidentiality, lapses in clinical judgement. The committee notes that Section 2 'Competence' in the IACP Code of Ethics and Practice is a feature of some complaints and an area of which members need to be ever mindful. We welcome queries and encourage members to familiarise themselves with IACP Complaints Procedures which can be accessed on the IACP website.

2011 Statistics

Complaints carried over from 2010: 8

New Complaints

Complaints received: 9

Complaints investigated: 3

Cases not in our remit: 2

Complaints withdrawn or not pursued: 3

Referred back: 1

Cases closed: 11

Investigations completed: 3

Investigations discontinued: 3

Complaints upheld: 2

Complaints not upheld: 1

Complaints carried over to 2012: 6

The IACP Complaints against Courses Committee is a sub-committee of the Complaints Committee. The remit covers complaints against IACP Recognised Courses and is only convened when a complaint is received. The investigative work involving a course can be extensive. The committee completed one investigation in 2011. The complaint was not upheld. The committee is not at present investigating any complaint. It is the experience of the committee that confusion and misunderstanding can arise between the academic demands of a course and the wish to keep in mind the duty of care for the student.

The Complaints Committee puts much time and energy, experience and expertise into its deliberations for which the IACP and its members should be proud.

Derek Hanrahan
on behalf of the Complaints Committee





Accreditation Committee Report

Chairperson: Kevin Gallagher.

There was a total of 206 successful Accreditation applications in 2011. While the Committee wishes to commend the very high quality of some applications, we would like to draw the attention of all applicants, first time and renewal, to the present rules regarding supervision and selection of supervisors.

Committee members who retired this year include: Ursula Jordan-Hanley and Anne Frey. We thank you for your hard work and contributions.

We went on a recruitment drive and were heartened at the large response.

While there was not room for all applicants, new committee members are Attracta Gill, Jimmy Browne, Maggie Cox (rejoining), Tom Earley, Martina McNamara, Gina O' Sullivan, Maeve Dowling and David Carrick. They have already contributed to at least one meeting.

The committee wishes to acknowledge, in particular, the enormous contribution made by Chris A Murphy, who has been a founding member and Chair of the Accreditation committee for 15 years. He has steered us through many developments, while maintaining a responsible full time job in CrossCare. He has resigned as Chair, but will remain in the post of Secretary. Elected to the post of Chair is Kevin Gallagher.





Irish Association for Counselling & Psychotherapy Limited
 (Company Limited by Guarantee)



Directors' Report and Financial Statements
for the year ended 31 December 2011

Company Information

Directors: The following directors have held office since 1 January 2011:

Bernadette Hackett
 Ray Henry
 Keith Brennan
 Michael Chambers
 Seamus Sheedy
 Marianne Gurnee
 Padraig O'Morain
 Bernadette Darcy
 Maire Tonkin
 Eileen Finnegan
 Pauline Irving

Secretary	Keith Brennan
Company Number	194640
Charity Registration Number	CHY6615
Registered Office	21 Dublin Road, Bray, Co. Wicklow
Auditors	Byrne Curtin Kelly, Verschoyle House 28/30 Lower Mount Street, Dublin 2
Bankers	Bank of Ireland (Dun Laoghaire) Dun Laoghaire, Co. Dublin Allied Irish Bank (Bray) 107/108 Main Street, Bray, Co. Wicklow Ulster Bank (Blackrock) Main Street, Blackrock, Co. Dublin
Solicitors	Keith Walsh Solicitors 8 St. Agnes Road Crumlin Village

**DIRECTORS REPORT & FINANCIAL
STATEMENTS FOR 2011**





Directors' Report for the year ended 31 December 2011

The Directors present their report and financial statements for the year ended 31 December 2011.

Principal activities and review of the business

Established in 1981, the IACP identifies, develops and maintains professional standards of excellence in counselling and psychotherapy through education, training and accreditation. In promoting best practice and the professional development of its members, IACP holds at its core the protection of the public. IACP is a registered Charity representing over 3,500 members.

IACP ACHIEVEMENTS 2011

Strategic Planning

Successful Implementation of Strategic Plan Goals for "Year Two" (2011) including:

- Development of terms of reference for all IACP committees and working groups.
- Review of professional accreditation procedures.
- Establishment of more networking and development opportunities for IACP Supervisors nationwide through the widening and development of the Supervisors forum structure.
- Developing and maximizing the use of technology.
- Review of IACP's Organisational structure.
- Representation of membership both Nationally & Internationally.
- Raising IACP's organisational profile.
- Website improvements.
- Upgrading of IACP Database.
- Budgetary and resources review.

Statutory Regulation

IACP continued to lead the call for Statutory Regulation. Activity in 2011 included:

- Continued participation in the Psychological Therapies Forum including contributions to both the plenary and working group meetings.
- Development of the scope and work of the IACP Working Group on Statutory Regulation.
- Correspondence with Minister Kathleen Lynch, (Minister for Equality, Disability and Mental Health at the Dept. of Health and Children) including requests for the regulation of Counselling and Psychotherapy under the Health and Social Care Professionals Act.
- Including the call for Statutory Regulation within all IACP public relations activity.



Directors' Report for the year ended 31 December 2011

Public Relations / Organisational Profile

An encouraging level of activity took place around raising the Association's profile including:

- Regular issuing of press releases to all print media.
- Targeted advertising of IACP services in a variety of publications.
- IACP attendance at events, such as:
 - Adult Education & Training Exhibition in Cork
 - The National Ploughing Championships
 - Business and Professional Women's National Conference
 - 'The Family in Ireland 2011' in Galway
- IACP appearance on RTE 1 "4 Live" television programme.
- Accreditation talks delivered to students by IACP Professional Services Manager.
- Participation in National and Regional radio interviews.
- Media Training provided for IACP Regional representatives/spokespersons.
- Public Information Day: Running of a highly successful Public Information Day (Mansion House, Dublin, October 2011) with over 700 persons in attendance.
- Distribution of IACP Information leaflets.

Finances

See Treasurer's Report and Annual Accounts.

Member Services

- Accreditation of over 200 members in 2011.
- Pre-accredited members surveyed on circumstances and potential supports.
- Provision of all IACP accredited members with an IACP logo for their use.
- Production of the IACP book: *The Irish Association for Counselling and Psychotherapy—Celebrating 30 years.*
- Free Counselling/Psychotherapy and the Law Seminar for members.
- Members surveyed on CPD requirements and preferences.
- Development of IACP website.
- Upgrading of Database to enable better service of member requirements.
- Regular email communication with members to inform of Counselling and Psychotherapy related items of interest.
- Successful running of IACP AGM 2011 with over 280 members attending.
- New online event registration service for workshops where an IACP workshop, forum or event can now be booked online.
- Encouraged members to become actively involved in volunteering with IACP





Directors' Report for the year ended 31 December 2011

Reciprocity and Partnership

- Significant strengthening of links with 17 organisations (Charities and Agencies) that offer Counselling and Psychotherapy as part of their services. These organisations took a stand at the IACP Public information day.
- IACP/IAHIP: Continuity of recognition and co-operation between IACP and the Irish Association of Humanistic and Integrative Psychotherapy (IAHIP) relating to mutual recognition of each organisation's accredited Supervisors.
- IACP/BACP: Strengthening of relations with our closest partner including information exchange relating to policy, practices and developments within the profession.
- Continued engagement with other professional bodies through participation in the Psychological Therapies Forum.
- Establishment of formal links with the Canadian Counselling and Psychotherapy Association (CCPA) including the appointment of CCPA Past President, Dr. Ron Lehr, to the IACP Research panel.
- Continued liaison and development with our IACP Recognised Training Courses.
- Engagement of and co-operation with the Irish College of General Practitioners (ICGP).
- Consultation with other Professional Associations seeking IACP recognition.
- Representation at the BACP Annual Research Conference.
- Meeting with COSCA (Counselling in Scotland) to re-establish formal links.
- IACP Member representation at both the International Association for Counselling (IAC) and the European Association for Counselling (EAC) conferences.
- Re-establishment of links with the Mental Health Reform Group (formerly the Irish Mental Health Coalition). IACP is now an Associate Member of this group.

Research

During 2011, planning for the Year 3 (2012) Research goal began, including:

- Commissioning of a 1,000 person "Behaviour & Attitudes" survey on levels and personal experiences of therapy, stress and knowledge of the counselling /psychotherapy profession.
- Agreement with the BACP to co-host the BACP Research conference in the UK in 2013. A follow up BACP/IACP research event will happen in Dublin later that year.
- Formation of the IACP Research Panel.

Premises

The search for a suitable IACP premises continued in 2011 with market prices and availability being closely monitored. In general, the availability of suitable commercial property is limited as sellers are not yet releasing properties, in the hope that the market will pick up. IACP's current lease expires in March 2012 and a significantly reduced lease rate has been negotiated with our current landlords.



Irish Association for Counselling & Psychotherapy Limited
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Directors' Report
for the year ended 31 December 2011

Other related progress includes:

- Consultations with property agents/experts.
- Property viewing.

Children First National Guidelines

Further to the adoption of the 'Children First — National Guidelines for the Protection and Welfare of Children' by IACP, the National Executive Committee met with HSE Guidelines Advisors in November 2011 seeking advice and clarity on IACP's corporate responsibility re the establishment of IACP Policies and Procedures regarding the Guidelines. The National Executive Committee wishes to ensure the optimum in support, information, training and guidance for members on the Guidelines.

Human Resources (HR) and Operations

A number of HR and Operations initiatives were completed during 2011 including:

- Provision of training to all staff including, computer and technology based training, customer service, time management, first aid and administration training.
- Monthly meetings of the HR Management Group.
- Improved internal communication & teambuilding through regular staff, Management, individual meetings and the use of a line management structure.
- Staff Appraisal System: Setting of structured goals and appraisal system for all staff.

IACP OBJECTIVES 2012

With the IACP Strategic Plan introduced and operating effectively, the structured framework exists to ensure that the Professional Standards, Governance, Resources, Public relations and Member Services objectives, identified in the plan for completion by the end of "Year 3" (2012), will be carried out. Importantly, the work of "Years 1 & 2" must also be continued. The 2012 objectives include:

- Establishment of a Research body within IACP.
- External assessment of accreditation practices and procedures.
- Development of IACP policy relating to Counselling and Psychotherapy specialisation.
- Establishment of stronger connections with other National and International Counselling and Psychotherapy organisations.
- Review of compliance to practices relating to financial, taxation, data protection, Garda vetting and Human Resources legislation.
- Improved transparent communication of governance and governance related matters at all levels of the Association.





Directors' Report for the year ended 31 December 2011

- Clear definition of the duties and responsibilities, authority levels, lines of communication and reporting structure for all staff and voluntary personnel.
- Provide workshops/seminars regarding professional practice.
- Scope, review and produce recommendations on potential revenue growth areas.
- Provide training and support to Voluntary committee members.
- Continue to raise the IACP's profile both nationally and regionally.
- Seek suitable premises for IACP Headquarters.
- Develop & enhance quarterly Journal.
- Develop and maximize the utilisation of technological support.
- Continued push for Statutory Regulation and engagement with the Psychological Therapies Forum.
- Review of IACP Purchasing Policy.
- Maximise the use of the IACP website and digital media.
- Encourage members to become actively involved in volunteering with IACP.

Books of Accounts

The company's directors are aware of their responsibilities, under section 202 of the Companies Act 1990 to maintain proper books of account and are discharging their responsibility by employing a financial controller. The books of account are held at the company's business premises which is 21 Dublin Road, Bray, Co Wicklow.

Taxation Status

The company is exempt from corporation tax due to its charitable status (registered charity number CHY6615).

Auditors

In accordance with the Companies Act 1963, section 160(2), Byrne Curtin Kelly continue in office as auditors of the company.

Statement of Director's Responsibilities

The directors are responsible for preparing the financial statements in accordance with applicable law and Generally Accepted Accounting Practice in Ireland including the accounting standards issued by the Accounting Standards Board and promulgated by the Institute of Certified Public Accountants in Ireland.

Company law requires the directors to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the company and of the surplus or deficit of the company for that period. In preparing those financial statements, the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;



Irish Association for Counselling & Psychotherapy Limited
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Directors' Report
for the year ended 31 December 2011

- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Acts 1963 to 2009. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Results for the Year

	2011	2010
	€	€
Retained Surplus for the year	70,981	77,416
Surplus brought forward	707,214	629,798
	—————	—————
Transfer to designated reserves	(550,000)	—
	—————	—————
Surplus carried forward	228,195	707,214
	=====	=====

In accordance with best practice and Corporate Governance procedures, the Executive Committee have determined that reserves should be designated for specific purposes. Full details are provided in note 12 to the financial statements.
By order of the board

Keith Brennan

Keith Brennan
Director

Ray Henry

Ray Henry
Director

17/2/2012

Date: 17 February 2012

DIRECTORS REPORT & FINANCIAL STATEMENTS FOR 2011





**Irish Association for Counselling & Psychotherapy Limited
(Company Limited by Guarantee)**

**Independent Auditors' Report to the Members of
Irish Association for Counselling & Psychotherapy Limited**

We have audited the financial statements of Irish Association For Counselling & Psychotherapy Limited for the year ended 31 December 2011 set out on pages 29 – 31. These financial statements have been prepared under the accounting policies set out therein.

Respective responsibilities of the directors and auditors

As described in the Statement of Directors' Responsibilities on page 24 the company's directors are responsible for the preparation of the financial statements in accordance with applicable law and the accounting standards issued by the Accounting Standards Board and published by the Institute of Certified Public Accountants in Ireland (Generally Accepted Accounting Practice in Ireland).

Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and International Standards on Auditing (UK and Ireland).

This report is made solely to the company's members, as a body, in accordance with Section 193 of the Companies Act, 1990. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

We report to you our opinion as to whether the financial statements give a true and fair view, in accordance with Generally Accepted Accounting Practice in Ireland, and are properly prepared in accordance with the Companies Acts, 1963 to 2009. We also report to you whether in our opinion: proper books of account have been kept by the company; whether the information given in the directors' report is consistent with the financial statements. In addition, we state whether we have obtained all the information and explanations necessary for the purposes of our audit, and whether the company's balance sheet and its income and expenditure account are in agreement with the books of account.



Irish Association for Counselling & Psychotherapy Limited
(Company Limited by Guarantee)



Independent Auditors' Report to the Members of
Irish Association for Counselling & Psychotherapy Limited

We also report to you if, in our opinion, any information specified by law regarding the directors' remuneration and transactions is not disclosed and, where practicable, include such information in our report.

We read the directors' report and consider the implications for our report if we become aware of any apparent misstatements within it.

Basis of audit opinion

We conducted our audit in accordance with International Standards on Auditing (UK and Ireland) issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgements made by the directors in the preparation of the financial statements, and of whether the accounting policies are appropriate to the company's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

We have undertaken the audit in accordance with the requirements of APB Ethical Standards including APB Ethical Standard — Provisions Available for Small Entities, in the circumstances set out in the notes to the financial statements.

Opinion

In our opinion the financial statements:

- give a true and fair view, in accordance with Generally Accepted Accounting Practice in Ireland, of the state of the company's affairs as at 31 December 2011 and of its surplus for the year then ended;

and

- have been properly prepared in accordance with the requirements of the Companies Acts, 1963 to 2009.





**Irish Association for Counselling & Psychotherapy Limited
(Company Limited by Guarantee)**

**Independent Auditors' Report to the Members of
Irish Association for Counselling & Psychotherapy Limited**

We have obtained all the information and explanations we consider necessary for the purposes of our audit. In our opinion, proper books of account have been kept by the company. The financial statements are in agreement with the books of account.

In our opinion, the information given in the directors' report is consistent with the financial statements.

Tony Kelly for and on behalf of Byrne Curtin Kelly

Certified Public Accountants

Registered Auditor

Verschoyle House

28-30 Lower Mount Street

Dublin 2

Date: 17 February 2012

**DIRECTORS REPORT & FINANCIAL
STATEMENTS FOR 2011**





Irish Association for Counselling & Psychotherapy Limited
(Company Limited by Guarantee)



Income & Expenditure Account
for the year ended 31 December 2011

	Notes	2011 €	2010 €
Income		905,137	892,435
Administrative expenses		(856,875)	(831,798)
Operating surplus	2	48,262	60,637
Other interest receivable and similar income	3	22,719	16,779
Surplus on ordinary activities before taxation		70,981	77,416
Tax on surplus on ordinary activities	6		
Surplus for the year		70,981	77,416

DIRECTORS REPORT & FINANCIAL
STATEMENTS FOR 2011

The income and expenditure account has been prepared on the basis that all operations are continuing operations.

There are no recognised gains and deficits other than those passing through the income and expenditure account.

The notes on pages 32 – 39 form an integral part of these financial statements.

The financial statements were approved by the board on 17 February 2012 and signed on its behalf by:

Keith Brennan
Director

Ray Henry
Director





Irish Association for Counselling & Psychotherapy Limited
(Company Limited by Guarantee)

Balance Sheet
as at 31 December 2011

	Notes	€	2011 €	€	2010 €
Fixed Assets					
Tangible assets	7		13,335		19,522
Current Assets					
Debtors	8	23,897		27,464	
		934,094		853,441	
		<u>957,991</u>		<u>880,905</u>	
Creditors: amounts falling due within one year	9	(187,171)		(184,601)	
Net Current Assets			770,820		696,304
Total Assets Less Current Liabilities			784,155		715,826
Creditors: amounts falling due after more than one year	10		(5,960)		(8,612)
			<u>778,195</u>		<u>707,214</u>
Capital and Reserves					
Designated reserves	12		550,000		
Income and Expenditure Account	11		228,195		707,214
			<u>778,195</u>		<u>707,214</u>

DIRECTORS REPORT & FINANCIAL STATEMENTS FOR 2011

The notes on pages 32 – 39 form an integral part of these financial statements.

The financial statements were approved by the board on 17 February 2012 and signed on its behalf by:

Keith Brennan
Director

Ray Henry
Director



Irish Association for Counselling & Psychotherapy Limited
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Cash Flow Statement
for the year ended 31 December 2011

	2011	2010
	€	€
Net cash inflow from operating activities	62,295	32,936
Returns on investments and servicing of finance		
Interest received	22,719	16,779
Net cash inflow for returns on investments and servicing of finance	22,719	16,779
Capital expenditure		
Payments to acquire tangible assets	(1,709)	(12,618)
Net cash outflow for capital expenditure	(1,709)	(12,618)
Net cash inflow before management of liquid resources and financing	83,305	37,097
Financing		
Other new long term loans		8,612
Other new short term loans		2,652
Repayment of other long term loans	(2,652)	
Capital element of finance lease contracts		(14,054)
Net cash outflow from financing	(2,652)	(2,790)
Increase in cash in the year	80,653	34,307

DIRECTORS REPORT & FINANCIAL STATEMENTS FOR 2011





Irish Association for Counselling & Psychotherapy Limited
(Company Limited by Guarantee)

**Notes to the Cash Flow Statement
for the year ended 31 December 2011**

1 Reconciliation of operating surplus to net cash inflow from operating activities	2011	2010
	€	€
Operating surplus	48,262	60,637
Depreciation of tangible assets	7,896	9,706
Loss on disposal of tangible assets		14,141
(Increase)/decrease in debtors	3,567	(1,579)
(Decrease)/Increase in creditors within one year	2,570	(49,969)
Net cash inflow from operating activities	<u>62,295</u>	<u>32,936</u>

2 Analysis of net funds	1 Jan 2011	Cash flow	Other non- cash changes	31 Dec 2011
	€	€	€	€
Net cash:				
Cash at bank and in hand	853,441	80,653	—	934,094
	<u> </u>	<u> </u>	<u> </u>	<u> </u>
Debt:				
Debts falling due within 1 year	(2,652)	—	—	(2,652)
Debts falling due after 1 year	(8,612)	2,652	—	(8,612)
	<u>(11,264)</u>	<u>2,652</u>	<u> </u>	<u>(8,612)</u>
Net funds	<u>842,177</u>	<u>83,305</u>	<u> </u>	<u>925,482</u>

3 Reconciliation of net cash flow to movement in net funds	2011	2010
	€	€
Increase in cash in the year	80,653	34,307
Cash outflow from decrease in debt and lease financing	2,652	2,790
Movement in net funds in the year	<u>83,305</u>	<u>37,097</u>
Opening net funds	842,177	805,080
Closing net funds	<u>925,482</u>	<u>842,177</u>



**Notes to the Financial Statements
for the year ended 31 December 2011**

1 ACCOUNTING POLICIES

1.1 Accounting convention

The financial statements are prepared under the historical cost convention.

1.2 Compliance with accounting standards

The financial statements are prepared in accordance with applicable law and the accounting standards issued by the Accounting Standards Board and promulgated by the Institute of Certified Public Accountants in Ireland (Generally Accepted Accounting Practice in Ireland), which have been applied consistently (except as otherwise stated).

1.3 Research and development

Research expenditure is written off to the profit and loss account in the year in which it is incurred. Development expenditure is written off in the same way unless the directors are satisfied as to the technical, commercial and financial viability of individual projects. In this situation, the expenditure is deferred and amortised over the period during which the company is expected to benefit.

1.4 Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Computer equipment	33.33% Straight Line
Fixtures, fittings & equipment	15% Straight Line

1.5 Leasing

Rentals payable under operating leases are charged against income on a straight line basis over the lease term.

1.6 Pensions

The pension cost charged in the financial statements represents the contribution payable by the company during the year.

1.6 Foreign currency translation

Monetary assets and liabilities denominated in foreign currencies are translated into euro at the rates of exchange ruling at the balance sheet date. Transactions in foreign currencies are recorded at the rate ruling at the date of the transaction. All differences are taken to the income and expenditure account.





Notes to the Financial Statements
for the year ended 31 December 2011

..... continued

2 Operating Surplus

Operating surplus is stated after charging:

	2011	2010
	€	€
Depreciation of tangible assets	7,896	9,706
Deficit on disposal of tangible assets	—	14,141
Research and development	8,876	—
Operating lease rentals		
—Plant and machinery	9,963	3,391
Auditors' remuneration	6,350	7,260
Exchange differences	79	—
	<u> </u>	<u> </u>
and after crediting:		
Exchange differences	—	269
	<u> </u>	<u> </u>

3 Other interest receivable and similiar income

	2011	2010
	€	€
Bank interest	22,719	16,779
	<u> </u>	<u> </u>
	<u>22,719</u>	<u>16,779</u>

4 Employees

Number of employees

The average monthly number of employees (including directors) during the year was:

	2011	2010
	Number	Number
Administration	11	11
	<u> </u>	<u> </u>



Irish Association for Counselling & Psychotherapy Limited
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Notes to the Financial Statements
for the year ended 31 December 2011

..... continued

	2011	2010
Employment costs	€	€
Wages and salaries	357,133	371,413
Social welfare costs	38,741	39,935
Other pension costs	20,443	19,900
	<u>416,317</u>	<u>431,248</u>
	<u><u>416,317</u></u>	<u><u>431,248</u></u>

5 Pension and other post-retirement benefit commitments

Defined contribution

Contributions payable by the company for the year

	2011	2010
	€	€
	20,443	19,900
	<u>20,443</u>	<u>19,900</u>
	<u><u>20,443</u></u>	<u><u>19,900</u></u>

6 Taxation

The company is exempt from corporation tax due to its charitable status (registered charity number CHY 6615).

7 Tangible fixed assets

	Computer equipment	Fixtures, fittings & equipment	Total
	€	€	€
Cost			
At 1 January 2011	95,851	67,830	163,681
Additions	1,710	—	1,710
	<u>97,561</u>	<u>67,830</u>	<u>165,391</u>
At 31 December 2011	<u><u>97,561</u></u>	<u><u>67,830</u></u>	<u><u>165,391</u></u>

DIRECTORS REPORT & FINANCIAL STATEMENTS FOR 2011





Irish Association for Counselling & Psychotherapy Limited
(Company Limited by Guarantee)

Notes to the Financial Statements
for the year ended 31 December 2011

..... continued

Depreciation

	Computer equipment	Fixtures, fittings & equipment	Total
	€	€	€
At 1 January 2011	85,475	58,685	144,160
Charge for the year	5,758	2,138	7,896
At 31 December 2011	<u>91,233</u>	<u>60,823</u>	<u>152,056</u>
Net book value			
At 31 December 2011	<u>6,328</u>	<u>7,007</u>	<u>13,335</u>
At 31 December 2010	<u>10,376</u>	<u>9,146</u>	<u>19,522</u>

8 Debtors

	2011	2010
	€	€
Trade debtors	3,492	10,772
Prepayments and accrued income	20,405	16,692
	<u>23,897</u>	<u>27,464</u>

**9 Creditors: amounts falling due
within one year**

	2011	2010
	€	€
Trade creditors	57,799	30,742
Other creditors	10,613	10,829
Accruals and deferred income	118,759	143,030
	<u>187,171</u>	<u>184,601</u>



Irish Association for Counselling & Psychotherapy Limited
(Company Limited by Guarantee)



Notes to the Financial Statements
for the year ended 31 December 2011

..... continued

Included in other creditors are amounts relating to taxation as follows:

VAT control account	110	—
PAYE control account	7,851	8,177
	<u>7,961</u>	<u>8,177</u>
	<u><u>7,961</u></u>	<u><u>8,177</u></u>

10 Creditors: amounts falling due after more than one year

Other creditors

2011	2010
€	€
5,960	8,612
<u>8,612</u>	<u>7,620</u>
<u><u>8,612</u></u>	<u><u>7,620</u></u>

11 Reconciliation of retained surplus

Retained surplus brought forward
Surplus for the financial year

2011	2010
€	€
707,214	629,798
70,981	77,416
<u>778,195</u>	<u>707,214</u>

Transfer to designated reserves (See note 12)

(550,000)	—
<u>—</u>	<u>—</u>

Retained surplus at year end

228,195	707,214
<u>228,195</u>	<u>707,214</u>

DIRECTORS REPORT & FINANCIAL STATEMENTS FOR 2011





Irish Association for Counselling & Psychotherapy Limited
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Notes to the Financial Statements
for the year ended 31 December 2011

..... continued

12 Designated reserves

	At 01/01/2011 €	Transfer to/ (from) €	At 31/12/2011 €
Contingency reserve (A)	—	300,000	300,000
Building reserve (B)	—	250,000	250,000
	—————	—————	—————
	—	550,000	550,000
	=====	=====	=====

(A) Contingency reserve

The Executive Committee have determined that the above amounts be transferred to designated reserves to protect the Institutes ongoing and future activities from unexpected changes in income, thereby, ensuring the sustainability of the Institutes services.

(B) Building reserve

As approved by members at Annual General Meeting, the Executive Committee is pursuing the acquisition of premises to serve as headquarters for the Irish Association for Counselling & Psychotherapy Limited. Accordingly an amount has been transferred to designated reserves for this specific purpose.

13 Contingent liabilities

There were no contingent liabilities at the balance sheet date.



Irish Association for Counselling & Psychotherapy Limited
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Notes to the Financial Statements
for the year ended 31 December 2011

..... continued

14 Financial commitments

At 31 December 2011 the company was committed to making the following payments under non-cancellable operating leases :

	Fixtures, fittings and equipment	
	2011	2010
	€	€
Operating leases which expire:		
Within one year	4,905	4,782
Between two and five years	11,854	16,339
	<u>16,759</u>	<u>21,121</u>
	=====	=====

15 Capital commitments

There were no capital commitments at the balance sheet date.

16 Auditors' Ethical Standards

In common with many businesses of our size and nature we use our auditors to assist with the preparation of the financial statements.

17 Approval of financial statements

The directors approved the financial statements on 17 February 2012.





Irish Association for Counselling & Psychotherapy Limited
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**Supplementary Information not forming part of the Audit of the Financial
Statements for the year ended 31 December 2011**

Management Information

**Detailed Trading, Income and Expenditure Account
for the year ended 31 December 2011**

	2011	2010
	€	€
Turnover	905,137	892,435
Administrative expenses	(856,875)	(831,798)
Operating surplus	<u>48,262</u>	<u>60,637</u>
Other interest receivable and similiar income		
Bank interest received	<u>22,719</u>	<u>16,779</u>
Surplus before taxation	<u><u>70,981</u></u>	<u><u>77,416</u></u>



Irish Association for Counselling & Psychotherapy Limited
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**Supplementary Information not forming part of the Audit of the Financial
Statements for the year ended 31 December 2011**

**Schedule of Administrative Expenses
for the year ended 31 December 2011**

	2011	2010
	€	€
Administrative expenses		
Wages & salaries	373,882	389,126
Employer PRSI, pension & training	65,618	65,491
Rent & rates	42,166	43,192
General office costs	69,241	64,572
Workshops	33,149	41,948
Committee expenses	42,711	33,379
Printing, postage & stationary	100,472	89,455
Advertising & PR	62,893	53,805
Research	8,876	—
Professional fees	43,542	32,666
Audit fees	6,350	7,260
Other	79	1,198
Depreciation	7,896	9,706
Total	856,875	831,798

**DIRECTORS REPORT & FINANCIAL
STATEMENTS FOR 2011**





Minutes of the IACP Annual General Meeting 2011 Saturday 26th March 2011 Radisson Hotel, Athlone, Co. Westmeath.

<i>Cathaoirleach:</i>	Ray Henry	<i>Leas Cathaoirleach:</i>	Seamus Sheedy
<i>Company Secretary:</i>	Keith Brennan	<i>Treasurer:</i>	Pauline Irving

Keith Brennan, Company secretary started the meeting with safety / housekeeping information and introduced IACP Cathaoirleach, Ray Henry who then welcomed **Athlone Mayor Sheila Buckley Byrne** who addressed the meeting. Mayor Byrne welcomed the attendees to Athlone, and spoke of her interest in and enthusiasm for IACP's work. The Mayor then officially declared the AGM proceedings to have started.

Apologies: Keith Brennan noted the (200+) apologies listed in the AGM pack.

Minutes of 2010 AGM and Matters Arising:

The Minutes of 2010 AGM were approved. There were no matters arising.

Proposer: Damien Davy

Seconded by: Eoin Stephens

Cathaoirleach's Report: Ray Henry

Ray thanked Mayor Byrne for her attendance and said that there were many other people that he wished to thank for their hard work and commitment throughout the year. He thanked the Regional and Executive sub-committees, the National Director and all of the Head Office staff. He said that one of his greatest experiences as Cathaoirleach was to have visited and attended the regional AGM's, where he was received so well by the various committees and was very encouraged to have seen the level of attendance and enthusiasm at those AGM's. He said that there is a great vibrancy in the organisation, throughout the country, and wanted to encourage that to continue.

He thanked the members attending the AGM and said that the taking the AGM out of Dublin on test-case basis had turned out to be a great success, with the turnout speaking for itself. Ray referred to the Directors Report and said that there were great developments taking place in the organisation over the last number of years. He said that we were firmly established within the Health and Social Care sector and that we do not wish to be isolated and therefore should continue our strong links with the BACP, EAC and IAC. Ray said that he asked a number of our members: "what does IACP membership mean to them?" and that he'd received a wide range of answers including:

- ◆ "Being an accredited member of IACP offered me a certain level of recognition within the profession as a Counsellor".
- ◆ "It helps to provide professional identity"
- ◆ "It gives direction and a certain level of security"
- ◆ "Gave opportunities to contribute ideas in relation to the path counselling should progress"
- ◆ "An opportunity to make friends" – with Ray adding "including new ones at the social evening last night".

Finally, Ray said a personal thank you to the Executive Committee for the great support they lent him throughout the year.

**Company Secretary's Report: Keith Brennan**

Keith explained that the other reports would be more detailed and that he would keep the Secretary's report short. He confirmed that the Executive Board Members had met on a monthly basis and that all statutory requirements have been carried out in a professional manner. He then asked IACP Treasurer, Pauline Irving, to present her report.

Treasurer's Report: Pauline Irving

Pauline presented the financial report and said that she would give a broad overview and commentary of the financial statements detailed in the AGM Booklet. She said that our Auditors, Byrne, Curtain and Kelly were satisfied with the standard of the financial management and believe the financial statements to be an accurate representation of the financial state of the organization. She mentioned that one of the Auditors, Tony Kelly, was in attendance at the meeting and could respond to any detailed financial questions. She said that the 2011 figure for income was slightly down on the previous year but that this did not reflect membership numbers in any way, as member numbers had actually increased. The reason for the decrease was that more flexible payment options had been introduced and that this reflected in the end of year accounts. Pauline highlighted the increase in expenditure and that this was predominately related to the planned increase in public relations activity. Pauline said that, in general, the income and expenditure is healthy and it reflects the implementation of the strategic plan. She highlighted the increased surplus figure and explained that the surplus is set aside for three main reasons: a) to purchase a suitable property for the Head Office when identified, b) for development purposes and c) for contingency. Finally, Pauline described the Finance Committee meetings and said that expenditure and any financial issues are considered as part of those, on a monthly basis. She highlighted a number of savings and cost reductions that had been made at head office including a systematic re-negotiation with all suppliers of services to IACP.

National Director's Report: Naoise Kelly

Naoise informed the AGM of the main IACP developments in 2011. He said that 2010 had been a very busy and productive year and that the Association was in a stronger position now, than a year ago as a result of all of the 2010 strategic planning objectives being completed and an increased public profile of the Association. He said that membership numbers had increased by 200 and that IACP remains, by far, the largest Counselling and Psychotherapy Association in Ireland. He said in 2010 IACP had connected with the medical profession, with GP's, with the HSE, with a wide range of Health Care Professionals and that those relationships are crucial to us. He said that communication with members had also improved and that this two way communication between the members and the association was very important. He said although the Associations progress was very good, it was obvious that there were some real challenges in the environment in which our therapists operate, not least, the recession and its impact on client numbers. The lack of regulation, despite IACP's increased efforts, continued to create a vacuum in which unqualified therapist's damage the profession. Another challenge IACP faces is an internal one, where parts of the IACP's own structures need to come into line with the demands of this now very large Association. He said that 14 years ago there were 800 members, but that we now have 3,500 members, but that many of our structures, including some committee operations and systems still have to catch up with that.





He said the way to continue the overall positive progress, while dealing with the challenges was to stick to the Strategic Plan and the five goal areas that were specifically designed to continue developing the association in accordance with member wishes and to address challenges that arise. He said that the Association will proceed with the financial steps outlined by Pauline to try and reduce the impact of the recession on members. Additionally, IACP will be running extra seminars, at no cost, to members. He mentioned that IACP had been invited to be part of an RTE 1 television afternoon program and that was exactly the type of exposure we wanted. IACP will also have an increased presence at public events during 2011, such as the National Ploughing Championships and that the push for Statutory Regulation would continue with IACP highlighting, at every turn, the importance of therapists having the right qualifications and experience.

He mentioned that IACP has six full-time staff and six part-time staff as well as 100 members who give generously their time and their expertise on a voluntary basis. He said that it was equally important to remember that we have 3,500 members and that this is where a greater impact, scale-wise, can be made on the path to reaching our objectives. He said that individual members can strongly bolster the official work of the Association in ways such as; personally calling into your local GP's practice with your IACP leaflets to bolster IACP's work with the Irish College of General Practitioner's. Members can also help by approaching politicians in their constituency, asking them why Counselling and Psychotherapy are not regulated. This helps with IACP's work with politicians at a national level and said that we are seeking to meet the new Minister for Mental Health, Kathleen Lynch. Members can also help by filling in any surveys when they are circulated. This assistance would mean that we will have far more factual, quantitative, information (e.g. responses of 380 therapists showed that 67% of their clients reported being negatively affected by the recession) than just anecdotal information to inform the Association, the public and the profession. Finally, Naoise thanked Ray Henry for his support during the year and also thanked the IACP Staff for all of their hard work and efforts during the past year.

MOTIONS FOR IACP AGM 2011

MOTION 1 — Carried

The following motion was proposed:

The Northern Ireland Committee propose that a new reduced rate be introduced for annual subscription for counsellors/ psychotherapists who are senior citizens – in line with other professional bodies.

Following its amendment on the day (to the wording below) the motion was then carried:

The Northern Ireland Committee propose that a new reduced rate be introduced for annual subscription for Counsellors/Psychotherapists who are senior citizens over the age of 65, and that the Executive determines the reduction - in line with other professional bodies.

Proposed by: **Anne Long**

Seconded by: **Marina Sweeney**



ELECTIONS – Executive Committee 2011

As per Articles 36 & 37 of the IACP Articles of Association, all Executive Committee members, other than the Officers of the Company, shall retire from office every year. The Officers (Cathaoirleach, Leas Cathaoirleach, Treasurer and Company Secretary) serve for a term of two years. As the Officers in 2010 had served only one year, the following four Officers were automatically re-elected for 2011:

- ◆ **Cathaoirleach:** **Ray Henry**
- ◆ **Leas Cathaoirleach:** **Seamus Sheedy**
- ◆ **Company Secretary:** **Keith Brennan**
- ◆ **Treasurer:** **Pauline Irving**

Executive Committee Nominations:

Michael Chambers	Proposed by: Ray Henry	Seconded by: Seamus Sheedy
Bernie Darcy	Proposed by: Ray Henry	Seconded by: Marianne Gurnee
Eileen Finnegan	Proposed by: Seamus Sheedy	Seconded by: Ray Henry
Marianne Gurnee	Proposed by: Michael Chambers	Seconded by: Bernie Hackett
Bernie Hackett	Proposed by: Keith Brennan	Seconded by: Eileen Finnegan
Padraig O'Morain	Proposed by: Keith Brennan	Seconded by: Marie Tonkin
Eoin Stephens	Proposed by: Pauline Macey	Seconded by: Peter Ledden
Marie Tonkin	Proposed by: Michael Chambers	Seconded by: Eileen Finnegan

Following voting the newly elected Executive Committee for 2011-2012 was:

Ray Henry	Cathaoirleach	Seamus Sheedy	Leas Cathaoirleach
Keith Brennan	Company Secretary	Pauline Irving	Treasurer

Marianne Gurnee, Bernie Darcy, Michael Chambers, Eileen Finnegan, Padraig O'Morain, Marie Tonkin, Bernie Hackett.

Next AGM: Ray Henry announced Saturday the 31st March 2012 as the date for the next IACP AGM.





Irish Association for Counselling and Psychotherapy



Irish Association for Counselling and Psychotherapy

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Irish Association for Counselling and Psychotherapy