



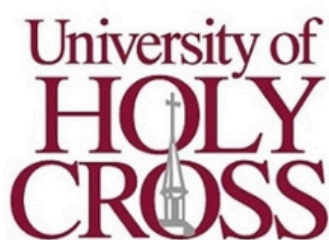
ADVANCEMENTS AND DISCOVERIES IN COUNSELLING AND PSYCHOTHERAPY

**TRINITY
COLLEGE
DUBLIN**
31-07-2024

THE 8TH COUNSELLING AND PSYCHOTHERAPY
CONFERENCE ORGANISED BY THE IACP, THE
UNIVERSITY OF HOLY CROSS, NEW ORLEANS
AND DEPAUL UNIVERSITY CHICAGO



Irish Association for Counselling and Psychotherapy



ADVANCEMENTS AND DISCOVERIES IN COUNSELLING AND PSYCHOTHERAPY

31/07/2024 Trinity College Dublin

9:15-10:00 Registration - Outside Emmet Auditorium, Arts Building

10:00-10:30 Welcome - Emmet Auditorium

10:30-10:45 Coffee Break

10:45-11:45 Breakout 1

Swift Auditorium	Emmet Auditorium	Ui Chadhain Auditorium
Renee Sanchez Skills for Treating Depression and Anxiety.	Sandra McQuoid Walking the Dark Path – The lived experiences of psychotherapists working in Crisis Intervention and facing the possibility of a client with suicidal ideation.	Raymond Walsh Rationalisation over Rumination, Using Stress in your favour and combatting the Manipulation of the mind.

11:45 - 12:00 Break

12:00-13:00 Breakout 2

Swift Auditorium	Emmet Auditorium	Ui Chadhain Auditorium
Eleanor Sweeney What If? An Exercise in Narrative and Reality Therapy.	Anita Lynch Reclaiming Sexual Empowerment after Surviving Childhood Sexual Abuse from the perspective of therapists in private practice in Ireland.	Kevin Bailey The Internal Supervisor – Creating and Maintaining Equilibrium.

13:00-14:00 Lunch - outside Emmet Auditorium

14:00-15:00 Breakout 3

Swift Auditorium	Emmet Auditorium	Ui Chadhain Auditorium
<p>Suzanne Whitehead</p> <p>Traversing the Chasm Between "Head and Heart": Truly Getting It When Talking About the Realities of Opioid Addictions.</p>	<p>Maureen Levy</p> <p>Just Say "Yes!" An introduction to Applied Improvisational Comedy For Therapist and their clients.</p>	<p>Dan Boland</p> <p>The Integration of Science and Spirituality.</p>

15:00-15:15 Break

15:15-16:15 Breakout 4

Swift Auditorium	Emmet Auditorium	Ui Chadhain Auditorium
<p>Jim Hutton</p> <p>Addiction: How reliably informed can we be to work and walk well with our clients?</p>	<p>Adah Randolph & Mona Robinson</p> <p>Multicultural and Social Justice Issues in Counselling.</p>	<p>Aaron Norton</p> <p>Innovative Horizons: Integrating Artificial Intelligence (AI) in Counselling and Psychotherapy.</p>

16:15-16:30 Break

16:30-17:30 Breakout 5

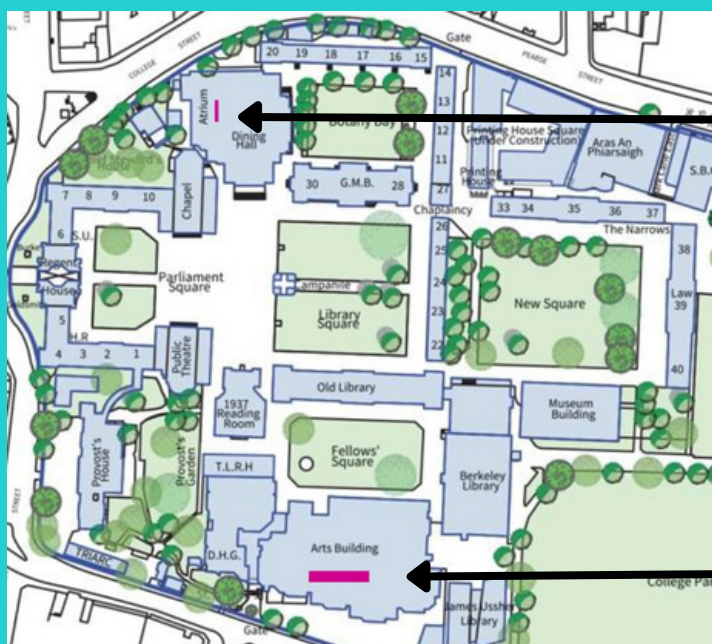
Swift Auditorium	Emmet Auditorium	Ui Chadhain Auditorium
Heike Felzmann “The chatbot will see you now”: what therapists might like to know about chatbots in mental health.	Liz Quish An exploration of the Benefits of Integrating Sand Tray Therapy in Clinical Practice.	Amy Upton Advocacy for Counsellors and the Counselling Profession in the United States.

17:30-17:45 Break

17:45-18:15 Closing Feedback Session with the Panel - Emmet Auditorium

18:15-19:45 Networking Reception in the Atrium (TCD)

Enjoy the event!



Atrium Building

Arts Building