



# **TRANSATLANTIC PERSPECTIVES:**

## **ADVANCEMENTS IN COUNSELLING AND PSYCHOTHERAPY CONFERENCE**

**TRINITY  
COLLEGE  
DUBLIN**

**07-07-2025**

**THE 9TH COUNSELLING AND PSYCHOTHERAPY  
CONFERENCE ORGANISED BY THE IACP AND  
AND DEPAUL UNIVERSITY CHICAGO**



*Irish Association for Counselling and Psychotherapy*





# TRANSATLANTIC PERSPECTIVES: ADVANCEMENTS IN COUNSELLING AND PSYCHOTHERAPY CONFERENCE

07/07/2025 Trinity College Dublin

**9:15-10:00 Registration - Outside Emmet Auditorium, Arts Building**

**10:00-10:30 Welcome - Emmet Auditorium**

**10:30-10:45 Break**

## 10:45-11:45 Breakout 1

Swift Auditorium	Emmet Auditorium	Ui Chadhain Auditorium
<p>The influence of Gaming, Social Media and Digital Technology on adolescent growth and development.</p> <p>Paula O'Connor IACP Member</p>	<p>Responding to increasing demands for youth mental health services in Ireland: Prioritising timely care with new ways of working at scale and with impact at Jigsaw.</p> <p>Yvonne Lucas (IACP Member), Jim Lyng (PSI), Conor Boksberger (Social Worker)</p>	<p>Narrative and Strengths Based Counselling.</p> <p>Rebecca Michel, PhD, LCPC, DePaul University Faculty</p>

**11:45 - 12:00 Tea / Coffee Break**

## 12:00-13:00 Breakout 2

Swift Auditorium	Emmet Auditorium	Ui Chadhain Auditorium
<p>Counsellors and their Implicit Biases: Navigating Professional Pitfalls.</p> <p>Okenna Egwu, PhD, LCPC, DePaul University Faculty</p>	<p>Working therapeutically with Shame using a self-compassionate approach.</p> <p>Fergus Carey IACP Member</p>	<p>Supporting Clients in Narcissistic Relationships: Pluralistic Insights from Trainee Psychotherapists.</p> <p>Alan McCormack IACP Member</p>

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**13:00-14:00 Light Lunch - outside Emmet Auditorium**

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**14:00-15:00 Breakout 3**

Swift Auditorium	Emmet Auditorium	Ui Chadhain Auditorium
<p>The promise and challenges of psychedelic assisted therapy for the psychotherapy profession.</p> <p>Rob Ó Cobhthaigh IACP Member</p>	<p>Trauma Informed Evidence in Sexual Violence Cases: Practical and Legislative Implications for Counsellors and Psychotherapists in Ireland.</p> <p>Clodagh Ni Ghallachoir IACP Member</p>	<p>Supporting Clients with Gambling Addiction.</p> <p>Tim Mahony, Addiction Counsellor, Cuan Mhuire</p>

**15:00-15:15 Break**

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**15:15-16:15 Breakout 4**

Swift Auditorium	Emmet Auditorium	Ui Chadhain Auditorium
<p>Scarred, Scared &amp; Survival – The Wounded Therapist.</p> <p>Gavin Healy IACP Member</p>	<p>Understanding and Responding to Youth Violence Through a Mental Health Lens: A Psychotherapeutic Perspective.</p> <p>Anca Valeria Filip IACP Member</p>	<p>Accessing Accommodations in K-12 and Postsecondary U.S. Education.</p> <p>Lisa E. McGill, M.A., LPC Disability Services, Retired Counselor</p>

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## 16:15-16:30 Comfort Break

### 16:30-17:30 Breakout 5

Swift Auditorium	Emmet Auditorium	Ui Chadhain Auditorium
<p><b>Bridging East and West: Integrating Traditional Chinese Medicine and Psychotherapy to Support Women's Menstrual &amp; Emotional Health Across Life Stages.</b></p> <p><b>Xiaochun Wang (Malou) IACP Member</b></p>	<p><b>Rejection Sensitivity in a Rapidly Changing World: Recognising, Responding, and Resourcing Clients with RSD.</b></p> <p><b>Gillian Fagan IACP Member</b></p>	<p><b>School Counseling in the United States: a Comprehensive Look at the History, Funding and Modern Needs of the Role.</b></p> <p><b>Heather Evans, School Counselor at Williamsburg Academy</b></p>

## 17:30-17:45 Comfort Break

**17:45-18:15 Closing Feedback Session with the Panel - Emmet Auditorium**

**18:15-20:00 Networking Food and Drinks Reception in Lower Concourse  
in the Arts Building**

**Please note, we are recording presentations in Emmet and Swift Auditoriums.**

**Enjoy the event!**



**Arts Building**