

# TRANSATLANTIC PERSPECTIVES:

ADVANCEMENTS IN COUNSELLING AND PSYCHOTHERAPY CONFERENCE

TRINITY COLLEGE DUBLIN

07-07-2025

THE 9TH COUNSELLING AND PSYCHOTHERAPY CONFERENCE ORGANISED BY THE IACP AND AND DEPAUL UNIVERSITY CHICAGO







# TRANSATLANTIC PERSPECTIVES: ADVANCEMENTS IN COUNSELLING AND PSYCHOTHERAPY CONFERENCE

07/07/2025 Trinity College Dublin

9:15-10:00 Registration - Outside Emmet Auditorium, Arts Building 10:00-10:30 Welcome - Emmet Auditorium 10:30-10:45 Break

#### 10:45-11:45 Breakout 1

Swift Auditorium	Emmet Auditorium	Ui Chadhain Auditorium
The influence of Gaming, Social Media and Digital Technology on adolescent growth and development.  Paula O'Connor IACP Member	Responding to increasing demands for youth mental health services in Ireland: Prioritising timely care with new ways of working at scale and with impact at Jigsaw.  Yvonne Lucas (IACP Member), Jim Lyng (PSI), Conor Boksberger (Social Worker)	Narrative and Strengths Based Counselling. Rebecca Michel, PhD, LCPC, DePaul University Faculty

#### 11:45 - 12:00 Tea / Coffee Break

#### 12:00-13:00 Breakout 2

Swift Auditorium	Emmet Auditorium	Ui Chadhain Auditorium
Counsellors and their Implicit Biases: Navigating Professional Pitfalls. Okenna Egwu, PhD, LCPC, DePaul University Faculty	Working therapeutically with Shame using a self-compassionate approach.	Supporting Clients in Narcissistic Relationships: Pluralistic Insights from Trainee Psychotherapists.
	Fergus Carey IACP Member	Alan McCormack IACP Member

# 13:00-14:00 Light Lunch - outside Emmet Auditorium

# 14:00-15:00 Breakout 3

Swift Auditorium	Emmet Auditorium	Ui Chadhain Auditorium
The promise and challenges of psychedelic assisted therapy for the psychotherapy profession. Rob Ó Cobhthaigh IACP Member	Trauma Informed Evidence in Sexual Violence Cases: Practical and Legislative Implications for Counsellors and Psychotherapists in Ireland.  Clodagh Ni Ghallachoir IACP Member	Supporting Clients with Gambling Addiction. Tim Mahony, Addiction Counsellor, Cuan Mhuire

15:00-15:15 Break

# 15:15-16:15 Breakout 4

Swift Auditorium	Emmet Auditorium	Ui Chadhain Auditorium
Scarred, Scared & Survival – The Wounded Therapist. Gavin Healy IACP Member	Understanding and Responding to Youth Violence Through a Mental Health Lens: A Psychotherapeutic Perspective.  Anca Valeria Filip IACP Member	Accessing Accommodations in K-12 and Postsecondary U.S. Education. Lisa E. McGill, M.A., LPC Disability Services, Retired Counselor

#### 16:30-17:30 Breakout 5

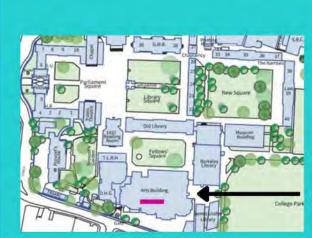
Swift Auditorium	Emmet Auditorium	Ui Chadhain Auditorium
Bridging East and West: Integrating Traditional Chinese Medicine and Psychotherapy to Support Women's Menstrual & Emotional Health Across Life Stages.  Xiaochun Wang (Malou) IACP Member	Rejection Sensitivity in a Rapidly Changing World: Recognising, Responding, and Resourcing Clients with RSD. Gillian Fagan IACP Member	School Counseling in the United States: a Comprehensive Look at the History, Funding and Modern Needs of the Role.  Heather Evans, School Counselor at Williamsburg Academy

### 17:30-17:45 Comfort Break

17:45-18:15 Closing Feedback Session with the Panel - Emmet Auditorium
18:15-20:00 Networking Food and Drinks Reception in Lower Concourse
in the Arts Building

Please note, we are recording presentations in Emmet and Swift Auditoriums.

## Enjoy the event!





**Arts Building**