



Irish Association for Counselling and Psychotherapy and the University of Holy Cross

Current Counselling Trends in Ireland and in the United States – Annual Conference



Wednesday, 7<sup>th</sup> August 2019, Trinity College Dublin, Arts Building

Conference Programme	Emmett Theatre – Ground Floor <b>RECORDED SESSIONS</b>	Large Room on the same Floor	Large Room on the same Floor
9:30 – 10:00	<b>Registration</b>		
10:00 – 10:30	<b>Welcome</b> Ray Henry IACP Chair Lisa Molloy IACP CEO & Theodore Remley Professor of Counselling University of Holy Cross		
10:30 – 10:45	<b>Break</b>		
10:45 - 11:45	Breakout 1 – Dr Teresa Christensen Counseling Children Who Have Experienced Child Abuse	Breakout 1 – Dr Aaron Norton Client Use of Medical Marijuana	Breakout 1 – Dr Mary Creaner Clinical Supervision: Current Trends in Ireland and in the US
11:45 - 12:00	<b>Coffee Break</b>		
12:00 - 13:00	Breakout 2 - Brendan O'Brien Breaking New Ground in Research and Practice: Suicide, Trauma and Family Constellations	Breakout 2 – Dr Ted Remley Significant Legal and Ethical Concerns of Counselors in the United States	Breakout 2 – Izabela Morris EXPLORING SELF-ESTEEM. Helping adolescents and adults on a journey from a low to a healthy self-esteem.
13:00 – 14:00	<b>Lunch Break</b>		
14:00 – 15:00	Breakout 3 – Dr Becky Michel Strengths-Based Counseling in Practice	Breakout 3 – Dr Mandy Perryman Top 10 Techniques for Treating Tots and Teens	Breakout 3 – Heather Harris The Use of Art Therapy with Culturally Diverse Communities
15:00 – 15:15	<b>Break</b>		
15:15 – 16:15	Breakout 4 – Dr Karen Ward New Irish research into spirituality from a shamanic energetic perspective and its place within a counselling setting.	Breakout 4 – Dr Kevin Doyle The Opioid Crisis in the United States – How Counselors Should be Involved	Breakout 4 – Dr Pat Thomas Self-Care and Wellness for Counselors
16:15 – 16:30	<b>Break</b>		

16:30 – 17:30	Breakout 5 – Dr Aaron Norton Managing Text, Email, and Facebook Issues in Your Counseling Practice	Breakout 5 – Dafna Gauthier Why We Look for Intimate Connections (the emotional bond of attachment)	Breakout 5 – Emma Murphy Working with Long Standing Issues in a Time Limited Framework: Using a 12 Session Model for Binge Eating Disorder and Bulimia.
17:30 – 17:45	<b>Break</b>		
17:45 – 18:15	<u>Closing Feedback Session</u> Panel of speakers discussing the day and taking questions & feedback from the floor		
18:30 – 20:00	Complimentary Reception Café En Seine		