



# KNOWLEDGE EXCHANGE AND REFLECTION

THE 7TH COUNSELLING AND PSYCHOTHERAPY  
CONFERENCE ORGANISED BY THE IACP, THE  
UNIVERSITY OF HOLY CROSS, NEW ORLEANS  
AND DEPAUL UNIVERSITY CHICAGO

**TRINITY COLLEGE DUBLIN 19/07/2023**



*Irish Association for Counselling and Psychotherapy*





# EVENT INFORMATION

Once again, we are delighted to invite Ireland and US based Counsellors and Psychotherapists to explore Counselling Practices in the US and in Ireland, in Trinity College Dublin. This event is a joint initiative of the Irish Association for Counselling and Psychotherapy (IACP), the University of Holy Cross, New Orleans and DePaul University, Chicago.

We would like to thank our colleagues Prof Ted Remley and Prof Becky Michel for collaborating with us for many years, to create international learning and networking opportunities such as this event.

Please note that the event will take place in the Arts Building of the Trinity College. Following the event, we will have a networking reception in the Atrium building.

Please join us if you can.

We hope you enjoy the event and if you have any questions, please contact a member of staff.



# KNOWLEDGE EXCHANGE AND REFLECTION

19.07.2023 Trinity College Dublin

**9:30-10 Registration - Outside Swift Auditorium, Arts Building**

**10-10:30 Welcome - Swift Auditorium**

**10:30-10:45 Coffee Break**

## 10:45-11:45 Breakout 1

Swift Auditorium	Emmet Auditorium	Ui Chadhain Auditorium
<p><b>Clair Breen</b> IACP Accredited Member and Supervisor, also works in secondary school</p> <p><b>Paws for Thought:</b> – Impact of a dog on the adolescent therapeutic process – in an Irish school context.</p>	<p><b>Aaron Norton</b> PhD, LMHC, LMFT, NCC, CCMHC, MAC, CRC Counseling Faculty Member, Department of Mental Health Law &amp; Policy, University of South Florida, Tampa, Florida</p> <p><b>An Introduction to Virtual Reality-Assisted Psychotherapy in the United States (and Beyond)</b></p>	<p><b>Tiffany D. Matthews</b> MEd, LPC-S, NCC, NCSC, Prof. School Counselor, J.B. Martin Middle School, St. Charles Parish Public Schools, Paradis, Louisiana and</p> <p><b>Jacinta Nafziger</b> EdS, Prof. School Counselor, Skyline High School, Ann Arbor Public School, Michigan</p> <p><b>School Counseling in the US: Benefits and Challenges</b></p>

## 11:45 - 12:00 Break

## 12:00-13:00 Breakout 2

Swift Auditorium	Emmet Auditorium	Ui Chadhain Auditorium
<p><b>Bianca Renae Lee-Jones</b> Med, LPC-S, NCC Doctoral Student in Counseling, University of Holy Cross</p> <p><b>Human Services Workers in Crisis: Burnout, Vicarious Traumatization, and Compassion Fatigue</b></p>	<p><b>Deatrice M. Green</b> PhD, LPC-S, NCC, Registered Play Therapist Supervisor Counseling Faculty Member, Southeastern Louisiana University, Hammond</p> <p><b>Addressing Racial Socialization in Counseling African Americans in the United States</b></p>	<p><b>Heike Felzmann</b> PhD (Philosophy), BSc C&amp;P IACP Pre-accredited Member</p> <p><b>Uber for therapy: how online platforms are shaping the practice of counselling for platform therapists</b></p>

## 13:00-14:00 Lunch - outside Swift Auditorium

### 14:00-15:00 Breakout 3

Swift Auditorium	Emmet Auditorium	Ui Chadhain Auditorium
<p><b>Antoinette Stanbridge</b> PhD Psych (ongoing); PG Dip in Counselling &amp; Psychotherapy and</p> <p><b>Catherine Tierney</b> MA Humanistic &amp; Integrative Counselling &amp; Psychotherapy</p> <p><b>Grief Encounter: In the aftermath of COVID-19, what has changed in how we work with grief?</b></p>	<p><b>Suzanne A. Whitehead</b> EdD, LMHC, NCC, LAC, Counseling Faculty Member California State University, Stanislaus, Turlock, California and</p> <p><b>Andrea Vera-Reyna &amp; Claribel Zavala</b> Counseling Master's Students California State University, Stanislaus</p> <p><b>Saving a Life: The Explosion of the Opioid / Fentanyl Epidemic in the US.</b></p>	<p><b>Niamh O'Sullivan</b> Student Member, final year of MSc in Pluralistic Counselling and Psychotherapy</p> <p><b>Exploring the views of Psychotherapists in Ireland on the Therapeutic Use of Psychedelic Substances.</b></p>

### 15:00-15:15 Break

### 15:15-16:15 Breakout 4

Swift Auditorium	Emmet Auditorium	Ui Chadhain Auditorium
<p><b>Theresa Wood</b> M.Phil. Psychoanalysis, BSc. Counselling &amp; Psychotherapy. Tutor on the Fundamentals of Recognising &amp; Responding to Domestic Abuse Programme, D.K.I.T. Facilitator on a perpetrator programme for Domestic Abuse. Currently working with the HSE &amp; Drogheda Women &amp; Children's Refuge.</p> <p><b>Working with Victims and Perpetrators of Abuse.</b></p>	<p><b>James M. Benshoff</b> PhD, NCC, LPC Professor of Counseling Emeritus, University of North Carolina at Greensboro, Greensboro, North Carolina</p> <p><b>Visual Explorer: A Tool for Illuminating Group Process</b></p>	<p><b>Dottie M. Martin</b> PhD, LPC-S, NCC, CFRC, Counseling Faculty Member, University of Holy Cross and</p> <p><b>Deatrice M. Green</b> PhD, LPC-S, NCC, Registered Play Therapist Supervisor, Faculty Member, Southeastern Louisiana University</p> <p><b>Counselor Education and Supervision: Bridging the Gap between Personal Values and Professional Ethics.</b></p>

## 16:15-16:30 Break

## 16:30-17:30 Breakout 5

Swift Auditorium	Emmet Auditorium	Ui Chadhain Auditorium
<p><b>Alex Delogu</b> Accredited Member of the IACP in private practice and working in Insight Matters</p> <p><b>Living Melodies – Modes of Therapeutic Resonance</b></p>	<p><b>Janie Simmons</b> MA, LPC, NCC, Private Counseling Practice Help Means Hope Counseling Services San Antonio, Texas</p> <p><b>Helping Clients Learn: Practical Techniques and Approaches in Session</b></p>	<p><b>Anne Crossey</b> IACP Student Member, founder of the West Cork Philosophical Society and co-organiser of TEDxWestCork</p> <p><b>Queering the family narrative: the perspective of a donor conceived person</b></p>

## 17:30-17:45 Break

**17:45-18:15 Closing Feedback Session with the Panel - Swift Auditorium**

**18:15-19:45 Networking Reception in the Atrium (TCD)**

**Enjoy the event!**





**Atrium Building**

**Arts Building**