

**THE IRISH ASSOCIATION FOR COUNSELLING AND PSYCHOTHERAPY OFFER GUIDANCE TO
LGBTQI+ PEOPLE AND THEIR FAMILIES DURING PRIDE WEEK**

IACP Offers Support to LGBTQI+ People During Pride Week

The Irish Association for Counselling and Psychotherapy (IACP) recognises that while acceptance of LGBTQI+ people has come a long way, LGBTQI+ people still face a great deal of stigma and discrimination in Ireland. The IACP are committed to providing counselling and psychotherapy that understands the needs of a community that face such persecution.

IACP Member and Gender & Sexual Diversity Expert Anita Furlong, offers some advice to LGBTQI+ people and their families/friends that may struggling to deal with stigma and discrimination:

[I was hoping you could share some strategies/coping skills here Anita]

ENDS

Notes to Editor:

Irish Association for Counselling and Psychotherapy

Established in 1981, the IACP identifies, develops and maintains professional standards of excellence in counselling and psychotherapy. IACP aims to protect the public by promoting best practice and the professional development of its members. IACP is the largest professional body of counsellors and psychotherapists in the Republic of Ireland with over 4,200 members nationwide. IACP provides a telephone referral helpline, an information service; and an online counsellor / psychotherapist / supervisor directory. IACP is a registered Charity (CHY 6615).

For further information, or to arrange an interview with Anita Furlong, please contact Hugh O'Donoghue, 01 214 7933 or 0877206033.

+353 (0) 12147933

+353 (0)877806033

hugh@iacp.ie

iacp.ie