



VIRTUAL ASIA-PACIFIC MENTAL HEALTH SYMPOSIUM

Health and Wellbeing - Multicultural Perspectives

The background of the lower half of the image is a vibrant, colorful scene of a Holi festival. It shows a large group of people, mostly women wearing headscarves, participating in the festival. They are covered in bright, multi-colored powders (yellow, pink, purple, green) that are being thrown into the air, creating a dense, festive atmosphere. The colors are bright and saturated, filling the entire scene.

**CALL FOR
ABSTRACTS**

2023 VIRTUAL ASIA-PACIFIC MENTAL HEALTH SYMPOSIUM

ONLINE EVENT: WWW.VAMHS.COM.AU

29th - 30th April 2023

OVERVIEW:

The Asia Pacific Rim is a dynamic and developing region that encompasses some of the most diverse cultures in the world. The history of this region is rich in innovation and encompasses some of the most exciting economies in the world.

Much of the region has experienced major economic change and growth to become components of an economically integrated trade region. Although the countries within this region are extremely diverse in terms of linguistic, cultural, and ethnic backgrounds, they share rapidly developing economic power and common economic interests.

All share in an interest in improving the welfare of their communities and how best to develop and increase access to mental health services, research, and education.

SYMPOSIUM HOSTS AND ADMINISTRATORS:

The symposium has been developed and will be administrated by the **Virtual Asian Mental Health Symposium trust**. The VAMHS trust is an organisation developed solely to enable the symposium to Segway a platform to deliver this unique opportunity to profile mental health in the Asia Pacific Region.

For the second year running the symposium is hosted by the **Indian Academy of Professional Supervisors (IAPS)**; a not-for-profit peak body founded in Chennai India.

Several other peak professional bodies from around the region will also be partnering with IAPS such as the **Australian Counselling Association** and the **Asia Pacific Rim Confederation of Counsellors**.

PARTNERS AND SUPPORTERS



International Association for Counselling
Founded 1966



THIS YEAR'S THEME

“Health and Wellbeing - Multicultural Perspectives”.

The Indian Academy of Professional Supervisors (IAPS) invites abstracts for the **Virtual Asia-pacific Mental Health Symposium 2023 (VAMHS 2023)** from professionals, practitioners and researchers in psychology, social work, education, psychiatry, health and mental health across cultures and nationalities.

Abstracts for oral presentations and symposia should be on the following themes and subthemes:

- I. Mental Health and Wellbeing in Diverse Settings:**
Subthemes. : Educational/Workplace Settings, Sports Psychology, Forensic Psychology, Prison, Private Practice, Social and Cross-Cultural Psychology
- II. Mental Health Concerns and Wellbeing Across the Life Span:**
Subthemes: Childhood, Adolescence, Youth, Adulthood, Geriatric Population
- III. Mental Health Disorders and Current Trends in Interventions:**
Subthemes: Counselling, Psychotherapy, Rehabilitation, Behaviour Therapy and Biofeedback, Neuropsychological Interventions, Suicide Preventive Measures
- IV. Parenting, Marriage and Family Counselling and Psychotherapy:**
Subthemes: Pre-Marital Counselling, Couples Therapy, Family Therapy, Single Parent Families
- V. Health-Based Applications of Psychotherapy and Wellbeing:**
Subthemes: Psychological Management of Pain, Psycho-Oncology, Psycho-Dermatology
- VI. Diversity, Disability and Wellbeing:**
Subthemes: Autism, ADHD, Intellectual Disability, Learning Disabilities, Government Provisions, Certification, Assessment and Interventions for Persons with Disabilities, LGBTQIA+, Voicing Parental Concerns
- VII. Technology, Mental Health and Wellbeing:**
Subthemes: Technology, Gadget use, Gaming, Internet, Porn Addiction; CyberPsychology, Tele Mental Health
- VIII. Mental Health and Wellbeing During Natural Disaster:**
Subthemes: Flood, Covid-19 Pandemic, Tsunami, Earthquake Etc.

IX. Supervision:

Subthemes: Exploring Models, Applications, Importance, And Effectiveness for Mental Health Professionals.

X. Spirituality and Mental Health

Abstracts submitted to the Virtual Asia – Pacific Mental Health Symposium 2023 will be grouped together under the above-mentioned thematic areas. The VAMHS committee will review all submitted abstracts. Notifications regarding abstract acceptance and scheduling will be sent to the primary authors.

Guidelines for Abstract Submission:

- Maximum of two abstracts can be submitted by each attendee.
- The first author will be considered the primary author and will submit the abstract. The primary author will also be the presenting author.
- Abstract/s must be submitted only through the Google Form link. Emailed abstracts will not be considered.
- The primary author is required to ensure that all co-authors are aware of the content of the abstract before submission.
- Please note that the primary author will receive all correspondence regarding the abstract and hence ensure that all the contact details are accurately submitted.
- Submitted abstracts should contain non-published data. Abstracts previously presented will not be accepted.
- You will receive an acceptance email from the VAMHS 2023 committee if your abstract is selected.
- Authors of selected abstracts will be requested to submit full papers.
- Selected full papers may be considered for publication in the IAPS Journal of Practice in Mental Health with the consent of the author.

Details of Abstract Structure: (Word document upload)

The abstract should be a maximum of 300 words. It is preferable that the abstract contains the following details:

- A brief title of the presentation
- Background and Rationale of the Research
- Aim and Objectives
- Methodology
- Results, Discussion and Conclusions
- Implications of the Research

Criteria for abstract selection: Abstract selection for oral presentations and symposia will be based on the following criteria:

- Contemporary relevance of the research
- Contribution to knowledge
- Clarity in methodology and analysis
- Implications and originality of the research

Important Dates:

- **Deadline for abstract submission: 20 Dec 2022**
- **Intimation of abstract selection: 15th Jan 2023**
- **Final Paper Submission: 20th Feb 2023**

Guidelines for Paper Presentations during Symposium:

- Each presentation will be 20 minutes in duration, followed by 10 minutes of discussion and Q & A.
- The presentation will largely follow a structure similar to that of the abstract.

Guidelines for Symposia:

- A symposium is a focused session in which multiple (3-5) participants present their contributions related to a shared theme (covered by the list of symposium themes mentioned earlier).
- The format of a symposium usually consists of an introduction to the theme by the chairperson, providing a background for the ensuing discussions. This is followed by individual presentations and interchange among the presenters and between the audience and the presenters. Often the symposium will end with the chairperson's overview of the proceedings.

- The abstract for the symposium will comprise the title of the symposium, a common abstract for the symposium, a separate abstract for each presentation (all of these abstracts will follow the same structure mentioned above) and the presenters' names.
- The overall duration of the symposium will be 60-90 minutes (depending on the number of presenters), with each presenter presenting for 15 minutes.
- The presentation will largely follow a structure similar to that of the abstract.

For further queries, email us at: vamhs2023@gmail.com

Google form:

<https://www.cognitoforms.com/Self1237/AbstractSubmissionVAMHS2023>

The VAMHS Organising Committee:

Webinar Committee:

- Dr Vasuki Mathivanan
- Ms Arthy Sriram
- Ms Rajani Nandakumar
- Ms Rashmi Ramesh
- Dr Veenavani Nallepalli
- Ms Amulya Dsl

Research Committee:

- Dr Vasuki Mathivanan
- Dr Aparna Joshi,
- Dr Aprajita Bhardwaj
- Dr Aroline Tom
- Dr Sudipta Roy
- Ms Sayee Bhuvaneshwari
- Ms Jayadevi Jaya Prakash,
- Ms Vimarsha Jain.

Thank you for your interest in VAMHS 2023 and for submitting an abstract to our symposium.



VAMHS