

Dear Members,

Please find some information below which may be of interest to you,

Yours sincerely,

IACP Team

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**Please note: If interested in posts or workshops (not being organised by the IACP) please contact those advertisers directly and not the IACP. Thank you.**

**Annual Re-accreditation Frequently Asked Questions.**

Please be advised that the Annual Re-Accreditation FAQ section is now available on our website at the following link: [www.iacp.ie/annual-reaccreditation-FAQ](http://www.iacp.ie/annual-reaccreditation-FAQ)

If you have any other specific questions, please do not hesitate to contact the IACP Accreditation Department on 01 230 3536.

**1. What is Annual Re-Accreditation?**

Annual Re-accreditation is the process by which IACP members become re-accredited on an annual basis (as opposed to having this done every 5 years).

**2. Why has it changed to annual Re-Accreditation at IACP?**

As and from 1st of January 2016 the IACP accreditation will be processed on an annual basis, arising from a vote of members present at the IACP 2014 AGM.

IACP believe that Annual Re-accreditation is a necessary and positive step in the protection of clients, support of therapists and the development of the profession of Counselling and Psychotherapy.

**3. How will IACP help me through this?**

IACP are committed to making it as easy as possible for members. Dedicated staff members from the Accreditation Department will be on hand to assist members with all queries in relation to Annual Re-Accreditation.

Please contact Iwona Blasi [iwona@iacp.ie](mailto:iwona@iacp.ie), Clare Kavanagh [clare@iacp.ie](mailto:clare@iacp.ie) or Jackie O'Donovan [jackie@iacp.ie](mailto:jackie@iacp.ie) with any enquiries you might have or call 01 - 230 35 36.

**4. How much will it cost?**

The processing fee for the renewal of IACP accreditation is €20 per year.

The processing fee for the renewal of IACP Supervisor accreditation (including therapeutic accreditation) is €30 per year in total.

NB: There is no increase to your annual charge or processing fees resulting from this change.

**5. When will it happen?**

As and from 1st of January 2016 the IACP accreditation will be processed on an annual basis.

**6. What will I have to do?**

Nothing. At some point in 2016 you will be contacted by an IACP staff member via email with all instructions regarding Annual Re-accreditation.

**7. Will my Accreditation Date remain the same?**

You may be given a new accreditation date to facilitate the introduction of Annual Re-accreditation. If you do get a new date, it will be later in the year. **You will still remain accredited at all times during this process.**

**8. I got accredited in recent years (2012-2015). Do I have to complete the Annual Re-Accreditation form in 2016?**

Yes. All the members will be asked to renew their accreditation in 2016, even those who have gone through the process of accreditation in recent years. From 2016- **ALL** IACP members will have to complete the renewal form on an annual basis and their accreditation will be valid for a period of 12 months.

**9. My current certificate of accreditation states that it is valid until 2020. Does it still apply?**

No it does not. As and from January 2016 **ALL** members will be accredited on an annual basis and the accreditation will only be valid for 12 months from the allocated application date.

**10. I have paid my application processing fee in recent years (2012-2015). Do I have to pay this fee again in 2016?**

No. Any processing fee that has already been paid in recent years will be credited to future processing fees as appropriate.

**11. If my renewal of accreditation is due in 2016 do I have to complete the client work / supervision / CPD details for the last 5 years?**

No. As of January 2016 – you will be asked to complete the details of client work / supervision/ CPD for the previous 12 months **only**. You must keep the records of your work / CPD as you may be selected for an annual IACP audit.

Also, your Supervisor should be shown the full record of work/ CPD from the previous years (if applicable) when signing off your form for re-accreditation.

**12. Do I need to supply IACP with CPD Certificates?**

No. Do not send in CPD Certificates with your Application Form.

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**Changes to the Supervision Requirement for Members accredited for 5 years or more.**

Please note that as of 25<sup>th</sup> November 2015, the ratio of Supervision for members with accreditation of 5 years (or more) has been changed to a ratio of 30:1 (instead of 20:1). The rationale for this is to acknowledge that practitioners with a minimum of 5 years' of accreditation have gained sufficient experience.

The minimum frequency of supervision remains the same at 1 hour of supervision per month. (The supervision requirement for members with less than 5 years accreditation remains the same at 20:1 ratio.)

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**Reminder regarding the minimum amount of external one-to-one supervision for students.**

As per IACP Course Accreditation Criteria 2015: For counsellors/psychotherapists in training, external one-to-one supervision must not be less than 1 hour's presenting time to 5 hours client work, subject to an overall minimum of 1.5 hours of presenting time per month per student.

Therefore all students on IACP accredited courses must have at least 1.5 hours of supervision per month with an IACP accredited Supervisor or equivalent (IAHIP, BACP accredited).

This requirement can be managed in many different ways e.g. 3 hours of supervision for every 2 months so 1 hour of supervision could take place approx. every 6 weeks etc. If you require any additional information or clarification regarding this requirement – please do not hesitate to contact the Accreditation Department.

**Garda Vetting has Commenced**

Dear Members,

My name is Grace Duffy and I'm IACP's Vetting Compliance Officer.

As you may know, the State is introducing Garda Vetting for Counsellors / Psychotherapists.

IACP is here to make this process as easy as possible for you and to help you in whatever way we can.

The IACP Garda Vetting process has been designed to be easy and straightforward to follow.

We have now commenced vetting and it will have a phased introduction.

Members will receive an email in the coming months with all the necessary information, forms and step by step instructions.

Garda Vetting will cost €30 and will be valid for a period of three years.  
The cost of €30 to cover a period of three years, is due to the economies of scale (Garda Vetting for 3,700+ members) and also the investment required in technological infrastructure and staffing.

IACP will incur staffing, administrative, training and information technology costs that significantly exceed the income.

The cost of Garda Vetting is being kept to a minimum for members.

For further information on Garda Vetting [click here](#)

**Please Note: No action is required by IACP members at this time. IACP will contact members over the coming months.**

*In accordance with the National Vetting Bureau (Children and Vulnerable Persons) Act 2012, it will be a requirement under law for all treatment, therapy / psychotherapy or counselling services for children or vulnerable persons to undergo Garda Vetting.*

*Garda Vetting will be a requirement for IACP membership.*

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## **IACP in the Media and at Public Events**

2015 has been the most successful year to date for IACP with regards to public and media exposure.

During the year, IACP attended several high profile public events including The Irish Cancer Society Exhibition in the Aviva Stadium, The National Ploughing Championships and also The Fleadh Cheoil in Sligo.

At each event IACP achieved a high level of interaction with the audiences and received overwhelmingly positive feedback from the public.

This strategy of IACP of attending high profile public events has proved very successful, with IACP being exposed to combined event audiences of over 500,000 people.

Over the course of 2015, IACP has achieved massive media exposure, including national and local radio interviews, advertising, press articles and interviews at both a local and national level.

So far this year, IACP has appeared in over 180 press articles nationwide on a wide variety of subjects.

Research Company, Behaviour and Attitudes (B&A) conducted a survey for IACP in early 2010, and found that 9% of the general public had an awareness of the IACP.

In 2013, the same nationwide survey found that 21% of the public were aware of the IACP.

Awareness of the IACP has risen very notably again from 21% in 2013 to 27% in 2015, which is significant growth in PR terms.

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### **Nationwide Distribution of IACP Information Leaflets**

A significant IACP PR & Communications initiative continued in September of this year.

The supply of all GP waiting rooms, clinics and hospitals with IACP Information leaflets (over 65,000 leaflets), promoting the benefits of therapy and the services of IACP members will run for a 12 month campaign.

This project is being carried out by the company that owns and stocks the information stands positioned at these locations.

All of this activity moves us closer to meeting our PR and communication aims.

We aim to ensure that you, as IACP practitioners, are more recognisable than ever before.

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### **FAO: IACP Membership Card Holders**

#### **Kilkenny Shop**

The **Kilkenny Shop** (in partnership with Countdown Ireland) would like to invite all IACP Members to their exclusive one night only **VIP Christmas Shopping Party** [on Wednesday 2nd December](#) at Kilkenny Shop, Nassau Street and Swords Pavilion [from 5pm to 9pm](#) and [Thursday 3rd December](#) at Kilkenny Shop Galway and Cork [from 5pm to 9pm](#).

There will be **Up to 50% Off Almost Everything**, with wine, festive treats and spot prizes on the night – this is one Christmas party not to be missed.

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### **Check Your Email**

It has come to our attention that some members are not receiving Regional Committee emails from IACP.

We believe that the cause is the emails are being filtered by your email service provider into Spam / Bulk / Junk folders, instead of being delivered to the Inbox.

Please check your Email settings to ensure that you don't miss out.

As all email providers have slightly different settings we can't advise you on the specifics of your individual email, but if you add the IACP emails to your Contacts / Address book this should help.

If you have recently changed your email address please be sure to notify IACP so we can continue to provide you with information.

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### **Hi-Life Diners Club**

Hi-Life (in partnership with Countdown Ireland) is now in the festive spirit!

Christmas offers for individuals to buy as gifts, or a multiple bundle option.

- Join Hi-Life for €29.99 (rrp €69.99) and get 2 free gift memberships.
- 5 x Hi-Life memberships for €49.99 saving €300

To avail of this offer click on this link [www.hi-life.ie/christmasjoy](http://www.hi-life.ie/christmasjoy)

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### **The Midlands Regional Committee Present a "Networking Evening Midlands Network Evening**

Venue: Grand Hotel, Moate, Co Westmeath

Dates: 01-12-2015

Time: Start 7:00pm until 9:00pm

CPD: 2

For further information [click here](#)

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### **Dublin Regional Committee Present a workshop entitled: "Healing Trauma - clinical applications of an embodied, relational & sensitive approach"**

Presenter: Dr. Rosie Burrows

Venue: Spencer Hotel, Excise Walk, IFSC, Dublin 1

Dates: 05-12-2015

Time: Registration: 9.30 Start: 10am Sharp - 4.30pm

CPD: 6.5

For further information [click here](#)

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**Genesis Psychotherapy and Family Therapy Services**

**Position Title: Principal Family Psychotherapist - Fulltime**

Location: Blackcourt Road, Corduff, Blanchardstown, Dublin 15

Salary: To be negotiated based on experience

Closing Date for applications: **Dec 7th**

Email CV and cover letter to [Chair@GenesisTherapy.ie](mailto:Chair@GenesisTherapy.ie)

Web Address: <http://www.genesistherapy.ie/> and search for "Job Opening"

**Description:**

Reporting to the board you will be responsible for the delivery of services to the clients of Genesis Psychotherapy and Family Therapy Services a community support service. This role will be responsible for the day to day clinical supervision and delivery of Psychotherapy services to Genesis clients. Approximately 40% of your time will be assigned to doing client work and therapy. 2 days therapy / 3 days clinical management.

See job specification on website for full details.

<http://www.genesistherapy.ie/index.php/blog/>

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**Accredited Counsellors & Psychotherapists Needed Nationwide with Mindcare Health.**

Experienced, Accredited and Insured IACP members needed.

Must be prepared to accept referrals at short notice and to collaborate with your own private practice.

Negotiable Salary

Please confirm your interest by emailing [affiliate@mindcarehealth.com](mailto:affiliate@mindcarehealth.com)  
[www.mindcarehealth.com](http://www.mindcarehealth.com)

Closing Date for Application **31st January 2016**

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**The Dublin Regional Committee are seeking volunteers to join the committee to deliver CPD & networking opportunities in 2016.**

Members who can commit to attending Saturday meetings & events throughout 2016 are invited to visit the IACP website where they will find more details on the application process. Without the collective efforts & commitment of our volunteers we cannot deliver such support to our regions members. We look forward to welcoming you.

For further information [click here](#)

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### **St Patrick's Mental Health Service Workshop - Compassion Focused Therapy for Psychosis**

Date: **Friday 11th December 2015**

Time - 9.45am - 4.30pm

Registration at 9.15am

Location: **Theatre Lecture Hall, St Patricks University Hospital, James's Street, Dublin 8**

Cost: **€100.00**

Organised by: **Dr Edel Crehan**, Senior Clinical Psychologist, Living Through Psychosis Programme Department of Psychology, St Patrick's University Hospital.

#### **Who is this workshop intended for:**

This workshop is intended for mental health professionals including psychiatrists, general practitioners, occupational therapists, psychologists, therapists and researchers in the area.

#### **The workshop:**

Dr Charlie Heriot-Maitland is a clinical psychologist and researcher in the area of compassion focused therapy for psychosis based in the UK. Dr Heriot-Maitland will present on the principles of CFT which emphasise three brain-body systems of threat, drive and safety. This 5 minute video developed by Dr Heriot-Maitland and others is a good introduction to CFT for psychosis: **[www.compassionforvoices.com](http://www.compassionforvoices.com)**

For more detail on the workshop and to book [click here](#)

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