#### **Dear Members**

Please find some information below which may be of interest to you.

Please note: if interested, you should contact the advertisers of these posts directly and not the IACP. Thank you.

Yours sincerely

Shane Kelly Professional Services Manager IACP

Find IACP on Facebook – Click this link:

https://www.facebook.com/IACP.CounsellingPsychotherapyIreland

# **Dublin Regional Committee Seeking Volunteers**

The Dublin Regionial Committee COMMITTEE would like to invite Members to join them in their work and to participate in the planning and organising of their Dublin Workshops. Previous experience welcome but not necessary. Opportunity to contribute to choice of topics and presenters and to earn CPD credits for committee work.

Volunteering for this Committee involves attending committee meetings 4-5 times per annum in a central Dublin location.

If you are interested in Volunteering for this committee please download and complete the "Volunteering with IACP" form on IACP Website at <a href="http://www.irish-counselling.ie/voluntary-work-psychotherapy-counselling">http://www.irish-counselling.ie/voluntary-work-psychotherapy-counselling</a> and return to Liz Gannon at <a href="liz@iacp.ie">liz@iacp.ie</a>.

## Job Opportunity - Novara Centre, Bray, Co Wicklow

Job Title: Business Manager

Location: Bray

**Reporting To:** Directors **Part-time:** See below

The Novara Centre (<u>www.thenovaracentre.ie</u>) was set up in 2006 to offer people a variety of options for Health and Well-Being under the one roof. There are three main strands to the centre; Therapies, Classes and Integrative Health.

The Novara Centre brings together a large team of professionals whose qualifications, skills and experience ensure that when someone chooses a service at Novara they can expect high standards. At the same time the atmosphere is friendly, welcoming and person-centred.

## Role: Business Manager (Part-Time: 15 hours / week - Negotiable)

The Person in this role will manage The Novara Centre to allow for its optimal functioning for Clients and Practitioners according to the Vision, Purpose, Ethos and Ethics of Novara and based on successful business principles and key people management skills. Their role is to oversee the day to day efficient running of the centre, both front of house and behind the scenes. The successful candidate will have the ability to implement current strategy and be able contribute to future strategic planning so as to ensure the Novara Centre can continue to enhance its services and strengthen its business model.

The ideal candidate will be dynamic, educated to degree level, good with people, have strong management experience and a keen business acumen. The person will have accounting/book keeping skills and a thorough knowledge of the Microsoft Office suite of applications. They will need strong communication /writing skills and an understanding of Marketing.

## Key Responsibilities and Accountabilities;

Working With Novara Practitioners;

- Working with Directors to develop and implement strategy
- First point of contact for all Practitioners.
- Liaison person between Practitioners and Directors
- Overseeing that all services offered are in accordance with Novara's Vision, Ethos and Ethics
- Weekly Reporting on all relevant matters related to clients, room usage and financial accounts to the directors.

#### Working with Clients

- To be fully knowledgeable about the range and detail of services available at Novara and be able to answer any client queries about same.
- Ensuring that the quality of service a client receives is consistent with the high standards, Ethos and Ethics of Novara.

#### Administration

- Responsible for the smooth day to day running of the Novara Centre, overseeing environment is kept at high standard of cleanliness and comfort, notice boards, signage, management of cleaner, etc.
- Capacity to hold and understand a lot of detail and ease with data-entry.
- Ensuring the safe storage and updating of all confidential information.
- Maintaining the centre's website and Facebook page.
- Accounting; issuing invoices & receipts, provide monthly management accounts, bank reconciliation.
- Producing newsletters and other letters.

Web: www.thenovaracentre.ie

The deadline for receipt of applications is Tuesday 30<sup>th</sup> September. Please email a detailed CV and covering letter to <a href="mailto:Conor@thenovaracentre.ie">Conor@thenovaracentre.ie</a>.

# Volunteer Opportunity - The Rowan Tree Clinic, Kinnegad

The Rowan Tree Clinic has a volunteer team of 8 fully qualified therapists committed to

providing gentle holistic therapy treatments people living with pain on a daily basis.

Our aim is to help promote a focus on relaxation, self-care and wellness.

We are seeking a professional member of the IACP who may be interested in volunteering as our clinic Psychotherapist 2/3 days per month.

The ideal person may be fully qualified or have completed their first 2 years of training.

For further information please **contact Paula** on Tel: 086 278 6667 or email rowantreeclinic@gmail.com

Address: The Rowan Tree Clinic, Kinnegad, Co Westmeath

Facebook: https://www.facebook.com/pages/Rowan-Tree-Clinic/269174436523733

# ADHD Awareness Day - HADD, 13<sup>th</sup> October, Dublin

## "ADHD IS REAL"

Promoting Positive Attitudes and Building Resilience in People With ADHD.

Evening talk by Prof. Thomas E Brown from Yale University for Parents/Carers and individuals affected by ADHD.

You must register with HADD office to attend this FREE event.

**Date**: 13<sup>th</sup> October 2014 (ADHD Awareness Day)

Venue: St. John of Gods Hospital, Stillorgan Road, Dublin

Time: 7pm - FREE Care Parking Available

Information stands on co-existing conditions & supports.

To register please contact the HADD Office:

Phone: 01 8748349 Email: info:hadd.ie Web: www.hadd.ie

# Wellness Workshops – Kildare and Limerick

SOS in partnership with Eve Harvest Centre & Kildare, Naas, Newbridge Mental Health Association is delighted to be hosting a Wellness Workshop on **Friday**, **3**<sup>rd</sup> **October**, **2014 in Aras Bhrid Parish Centre**, **Kildare Town**. This is a full day workshop running from 9.30am – 4.30pm with lunch included.

SOS in partnership with **the Limerick ICA Federation** is delighted to be hosting a Wellness Workshop on **Monday, 13**<sup>th</sup> **October, 2014 in the Desmond Centre, Newcastle West, Co Limerick.** This is a full day workshop running from 9.30am – 4.30pm with lunch included.

If you or anyone you know would like to attend either of these workshops please contact Lisa / Jacqui on 1890 577 577 to book your FREE place.

#### Please see below a brief outline of the Workshops:

**The Wellness Workshop** is a one day workshop that aims to help people understand, take charge of and responsibility for their own mental health. SOS is currently running a series of workshops throughout the country which are being offered free of charge to participants, thanks to our wonderful funders the National Office of Suicide Prevention, our Donors and our Fundraisers.

Our facilitators come from very diverse backgrounds including clinical psychology, motivational speakers, lived life experiences and trained therapists. They combine personal testimony with practical tools and tips that you can use in your everyday life to improve your own wellness.

Throughout the day the workshop will look at our thinking process, the wellness continuum, mindfulness, personality traits, and the wheel of change. This is all done in a very interactive non-intrusive and fun way. Areas covered on the day include relaxation and stress management, understanding the relationship between thoughts and emotions, developing a wellness toolkit and daily plan.

Website: http://www.suicideorsurvive.ie/

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# The IACP is on Facebook

IACP is on Facebook, please like our page by clicking the link below.

https://www.facebook.com/IACP.CounsellingPsychotherapyIreland